

SONOPANT DANDEKAR ARTS, V. S. APTE COMMERCE AND M. H. MEHTA SCIENCE COLLEGE, PALGHAR

Value education and Civic Responsibility



Improve education, awareness-raising and human and institutional capacity on climate change mitigation, adaptation, impact reduction and early warning



PREFACE

SDG 13: Inculcating Civic Consciousness for a Sustainable Future

With more than 5 decades of existence, we uphold ourselves in the fight against climate change (SDG 13). Sparking a movement by integrating climate science, mitigation strategies, and sustainable practices into the curriculum across all disciplines. Workshops, lectures, and film screenings are conducted to raise awareness and inspire action.

Research and innovation are crucial, with institutions establishing centers or programs focused on clean energy technologies, climate adaptation strategies, and sustainable resource management. Thus research projects by teachers and learners are carried upon. This means adopting sustainable practices on campus through renewable energy sources, energy and water conservation, and responsible waste management. The impact extends beyond the campus walls through partnerships with local organizations for environmental education initiatives, community gardens, and tree-planting programs.

By taking these steps, we foster a generation of conscious leaders and engaged citizens.





Value education and Civic Responsibility

CONTENT

- 1. PUNIT SAGAR DRIVE
- 2. AVOID PLASTIC
- 3. WORLD WATER DAY 19-20
- 4. ANTI-AIDS RALLY
- 5. AZADI KI DAUD
- 6. BEACH CLEANING 22
- 7. BEACH CLEANUP ACTIVITY
- 8. CLEAN A THON
- 9. CLEANLINESS DRIVE AT SHIRGAON BEACH ON THE OCCASION OF MANGROVE DAY
- 10. CORONA VIRUS PRECUATION
- 11. COVID VACCINATION DRIVE
- 12. COVID VACCINE AWARENESS
- 13. INDEPENDENCE DAY CELEBRATION 19-20
- 14. INTERNATIONAL ANTI-DRUG DAY CELEBRATION
- 15. MANAGMENT OF SHITLA DEVI ANNUAL YATRA MAHOTSAV
- 16. NOTE-FO16PLASTIC BOTTLES COLLECTION.DOCXR-SAMVIDHAN-SE-SAMRASTA
- 17. PULSE POLIO PROGRAMME
- 18. SHIRGAON FORT
- 19. SWACCHTA ABHIYAN
- 20. TREE PLANTATION & CLEANLINESS AT KELVE BEACH
- 21. TREE PLANTATION
- 22. CERTIFICATE COURSE IN ETHICAL HACKING REPORT
- 23. TWO DAY WORKSHOP ON 'ETHICAL HACKING AND NETWORK SECURITY'
 RESOURCE PERSON
- 24. COVID VACCINATION





Lt. AnaghaA.Padhye NCC/09310016 Associate NCC Officer S.D.College,Palghar 8 Maharashtra Girl Bn NCC, TN Medical College Hostel Building, Haji Ali Mumbai 34

Date: 08/09/2022

Notice for Cadets

All NCC Cadets are hereby instructed that the meeting is arranged for the activity of Beach Cleaning on 10/09/22. The meeting with this regard is scheduled on 09/09/22 at 12pm. Your presence is required for the meeting.

CAPT. ANAGHA PADHYE
ASSOCIATE NCC OFFICER
SONOPANT DANDEKAR COLLEG
NCC / 09310016

Title of the Activity/Event/Practice: BEACH CLEANING ACTIVITY

Objectives of the Practice:

- 1. To mitigate the problem caused by ocean debris and the danger that plastic pollution poses to marine life
- 2. To raise Awareness
- 3. To clean Up The Environment

Context:Beach cleanups are volunteer activities that take place on a regular basis along coastlines around the world. Environmental groups, civic organizations and individual beachgoers collect beach trash to make the beach a nicer, safer place and also to improve the coastal and ocean ecosystem.

The Practice:

The NCC Cadets of S.D.S.M College organized a beach cleaning drive on 10th September 2022 at shirgaon beach Palghar. The cleaning drive was successfully completed under the presence of Shirgaon Panchayat Samiti Sarpanch.

Outcomes: The most obvious outcome of a beach cleaning activity is a cleaner beach. NCC girls can help to pick up litter and debris from the beach, which can improve the aesthetic appeal of the area and create a safer environment for wildlife.

<u>Environmental awareness:</u> Beach cleaning activities can help to raise awareness about the impact of litter and pollution on the environment. By participating in the activity, NCC girls can learn about the importance of environmental conservation and become more conscious of their own impact on the environment.

<u>Community engagement:</u> Beach cleaning activities can bring together community members and create a sense of shared responsibility for the environment. NCC girls can interact with other volunteers and community members, building relationships and fostering a sense of community spirit.

<u>Leadership and teamwork:</u> Participating in a beach cleaning activity can help NCC girls to develop leadership and teamwork skills. They can learn to work together to achieve a common goal and take on leadership roles in organizing and coordinating the activity.

<u>Personal fulfillment:</u> Participating in a beach cleaning activity can provide a sense of personal fulfillment and satisfaction. NCC girls can feel proud of their contribution to environmental conservation and feel a sense of accomplishment in making a positive impact in their community. Symbolic representation: Flags are powerful symbols that can represent many different things, such as national identity, cultural heritage, or social justice issues. By distributing flags, people can use them to represent and communicate their message or cause

CAPT. ANAGHA PADHYE
ASSOCIATE NCC OFFICER
SONOPANT DANDEKAR COLLEG
NCC / 09310016

Glimpse of the event

1. Team photo of Beach cleaning activity



2. Volunteer cleaning beach



3. Volunteer cleaning beach



4. Team photo of Beach cleaning activity



5. Volunteers collecting garbage at beach

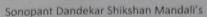


Cadets Participated

SR NO	CADET NAME	SIGN
1.	SUO Pallavi Singh	
2.	JUO Yuga Churi	
3.	CDT Mariyam khan	
4.	CDT Shweta Pathak	
5.	CDT Mamata Chauhan	
6.	Cdt Pragati Bhoir	
7.	Cdt Prachi lade	
8.	Cdt Akshata Dhodi	
9.	Cdt Anshu Gupta	
10.	Cdt Sanika Mandhare	
11.	CSM Siddhi Raut	
12.	CDT Ashu kanojiya	
13.	CDT Sejal Pal	
14.	CDT Sudha Sharma	
15.	CDT Ulka Chaudhary	
16.	CDT Siddhi parab	
17.	CDT Tejaswi Bhurkud	
18.	CDT Arnika yadav	
19.	CDT Shivani Tripath	
20.	CDT Nitu yadav	
21.	CDT Bhagyashree More	
22.	CDT Rutuja Lade	
23.	CDT Raginee yadav	
24.	CDT Priyanka Sahani	
25.	CDT Aayushi manchekar	
26.	CDT Ankita Yadav	

Attendance Record

Department Date:	Name of the Student DO Pallavi Singh No Maxiyam Khan No Maxiyam	Venue Class		2022-23 Mobile No.	Signature Pallauf Y. A. chum Manyam Skutrahan P. S. Bahin Rock Ashude Anshu.
Department Date:	Name of the Student No Pallavi Singh No Pariyam Khan No Maxiyam Kh	Venue):		Manyam Skuthal Manyam Skuthal Manyam P. Skoho Rouse Athude Anshu
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	Raginoe Yadav				Reginer





SONOPANT DANDEKAR ARTS, V. S. APTE COMMERCE AND M. H. MEHTA SCIENCE COLLEGE, PALGHAR

Palghar, Dist-Palghar, Pin- 401 404. E-mail: sdsmcollege@yahoo.com

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Fit India Run 2021-22

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3	Juo Akanksha Amrut patil	fatit
4	Juo priya magar	Progres
5	Nirma parmar	Nirmal
6	CQMS esha prakash patil	3849
7	Csm manasi gharat	M. H. sharat
8	LCPLYuga Anil Churi	Y.A. CHURI
9	CDTSrushti Kalpesh Raut	Skaut
10	CDTMariyam Naseem Khan	mariyam
11	CDTShweta Pramod Pathak	Skuthak
12	CdtSanika Ashok Mandhare	
13	CDTMamata Ramdarsh Chauhan	Whanhan
14	CDTSiddhi Rajesh Raut	Chart
15	CDTPragati Santosh Bhoir	p. 5. Bhoir
16	CDTAnshu Narshing Gupta	Sasto
17	CDTAkshata Suresh Dhodi	Quali
18	CDTPrachi Jaywant Lade	Plade
19	CDTKajal Mahesh Singh	Thurst
20	CDTTanuja Laxman Naik	Talk
21	CDTSonali Jaywant Parab	Sordli
22	CDTAhlaam Sarjil Shaikh	Ahleans
23	CDTArati Rajendra yadav	RAT
24	CDTBhargavi Raisingh Padhiyar	To all so
25	CDTJanhavi Gurudev jaiswal	gent tetto
26	CDTPooja Pradip thakur	Co marion
27	CDTPoonam Santosh Baraskar	POONAM.D
28	CDTPriyanka Indar Maurya	Priyanta
29	CDTShraddha Vaibhav Pawar	Shradher
30	CDTSudha Shivshankar Sharma	Carl

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APPRECIATION LETTER



ग्रामपंचायत शिरगांव मु.पो.शिरगांव ता.पालघर, जि.पालघर

दिनांक:- ०३/१२/२०२२

प्रति,

मा.प्राचार्य, सोनोपंत दांडेकर महाविद्यालय पालघर. ता-जि-पालघर.

विषय:- राष्ट्रीय छात्र सेना पथकांचे पुनित सागर उपक्रमातील सहभागाबद्दल आभार.

पुनित सागर अभियानाचा एक भाग म्हणून दिनांक.०३ डिसेंबर २०२२ रोजी आपल्या एन.सी.सी छात्रांनी शिरगांव समुद्र किनारा स्वच्छता मोहीम राबविली त्याबद्दल शिरगांव ग्रामपंचायती तर्फे सोनोपंत दांडेकर महाविद्यालयाच्या राष्ट्रीय छात्र सेना पथकांचे (मुले व मुली) मनापासून आभार मानते आणि कौतुक व्यक्त करते.

या उद्दार्त कार्यासाठी छात्रांची बांधिलकी खरो खरच प्रेरणादायी आहे त्यांची शिस्त, वक्तशीरपणा आणि सांधिक वृत्ती यामुळे समुद्र किनारा सफाईची प्रक्रिया सुरळीत आणि कार्यक्षम रीतीने पार पडली या मोहिमेतील त्यांच्या सक्रीय सहभाग आणि योगदानामुळे आमचा समुद्र किनारा स्वच्छ झाला.

शिरगांव समुद्र किनारा हा आपल्या समुदायासाठी एक महत्वाचा स्रोत आणि पर्यटकांचे आकर्षण आहे.समुद्र किनारा स्वच्छ करण्याच्या छात्र्यांच्या प्रयत्नामुळे त्या भागात येणाऱ्या लोकांसाठी ते अधिक सुरक्षित ही झाले आहे.त्यांच्या कृतीतून जबाबदाऱ्याची भावना आणि पर्यावरणा विषयीची काळजी दिसून आली.शिरगांव ग्रामपंचायतीच्या वतीने मी तुमचे आणि तुमच्या राष्ट्रीय छात्र सेना पथकांचे मनपूर्वक कौतुक करते आणि आभार मानते.

भविष्यात तुमच्याकडून अश्याच सहकार्याची अपेक्षा करते.

धन्यवाद.

Department of Lifelong Learning and Extension (DLLE)

Plastic Collection 2019-20

Welcome to the Plastic Collection Programme, a ground-breaking project aimed at creating a world where sustainable alternatives are embraced and plastic pollution is reduced. Our program offers double solutions and group action to lower plastic consumption and safeguard the environment for coming generations in the face of escalating environmental problems.

Objectives:

The plastic collection program was initiated to raise awareness about the environmental impact of plastic pollution and to promote responsible waste management practices among students and the local community.

Outcomes:

The plastic collection program received enthusiastic participation from students and faculties. It resulted in the effective removal of a significant amount of plastic waste from the environment, contributing to cleaner surroundings and raising awareness about the importance of responsible waste management practices

Extension Teacher, DLLE, Palghar Unit.

Sonopant Dandekar Shikshan Mandali's



SONOPANT DANDEKAR ARTS, V. S. APTE COMMERCE AND M. H. MEHTA SCIENCE COLLEGE

Palghar, Dist. Palghar, Pin - 401 404.

Code.: (02525) 252163, Prin: 252317 • Resi.: 252316

website: www.sdsmcollege.com • Email:sdsmcollege@yahoo.com

Date: 02/11/2019

To,

The Principal

Sonopant Dandekar College,

Palghar.

Subject: Regarding permission for conducting a "Plastic collection" Program.

Respected Sir,

Concerning the above subject, our college DLLE unit wants to organize a "Plastic collection" program for all DLLE students on 05/11/2019 at 1:00 p.m. enrolled for this year in the College premises.

Kindly permit us to conduct the program.

Thanking you,

Yours faithfully,

Extension Teacher,

DLLE, Palghar Unit.

Sonopant Dandekar Shikshan Mandali's



SONOPANT DANDEKAR ARTS, V. S. APTE COMMERCE AND M. H. MEHTA SCIENCE COLLEGE

Palghar, Dist. Palghar, Pin - 401 404.

Code.: (02525) 252163, Prin: 252317 • Resi.: 252316

website: www.sdsmcollege.com • Email:sdsmcollege@yahoo.com

Date: 02/11/2019

Department of Lifelong Learning and Extension

Notice for DLLE students

DLLE students are hereby informed that our college unit has organized a "Plastic collection" program on 05/11/2019 At 1:00 pm in the College premises.

Attendance is compulsory for all DLLE students.

Principal

Department of Lifelong Learning and Extension

Students Attendance



Sonopant Dandeker Skikshen Mandali's SONOPANT DANDEKAR ARTS, V.S.APTE COMMERCE AND M.H.MEHTA SCIENCE COLLEGE,

Pelghar, Dist-Palghar, Pin- 401 404.

Code No. 02525- 252163, Prin.: 252317. Resi.: 252316

ATTENDANCE RECORD

Event :	-Plastic	Collection		28	
Organised by : _	DILE UN	it			
Chief Guest :				9+	
Date : 05/11/	2019 Time	: L'nobm Venue :	College	Campus	

Sr. No.	Name	Class	Roll No.	Mobile No.	Signature
1	Raut Dhanashree. S.	MSC-A	221	•	D.S. Rout
2	Vishwakarma manisham				Manishel
3	Yadav Raju Ravishankay	100	1		Rogica
4	Labhyani Mahek Bharat	-11-		2	Mehek
5	Dharmadhikari Delesh.H.	MSCIL	1000		Dhamerdhi
6	Charat Mehek Ramesh	-11-	304		M. R. Gher
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9	Gharat Mitali Vasudeo	-11-	17088	•	M.V. Gha
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12	Patil Vinit Prolhad	11-	302	-	Valid
13	Singh Ragini Ramesh	TY BMS	97062		Ragini
14	Bhoix Kauskel Typesh	-11-	97033		Xoushel
15	Yaday Surkunt Rajendra	-11-	97063		Vaclous
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17	More Himani Sanjay	-1-	342		H. More
18	Dubey Adoti Devendra	TY BMS	97034		Aditi
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20	Verma Sandeep Ramugra	-11-	97039		-Sandeep

Department of Lifelong Learning and Extension

Activity Photo



A plastic material collected from the college garden by the students

Department of Lifelong Learning and Extension

Report on Plastic Collection 2019-20

Name of the Event – Plastic Collection

Date – 05/11/2019

Time-. 1.00 p.m.

No. of Students Participated – 58

About the Activity:

DLLE teachers divide the students in five to ten groups, giving one college location for collecting plastic. All actively participated in the Plastic collection.

Objectives:

The plastic collection program was initiated to raise awareness about the environmental impact of plastic pollution and to promote responsible waste management practices among students and the local community.

Outcomes:

The plastic collection program received enthusiastic participation from students and faculties. It resulted in the effective removal of a significant amount of plastic waste from the environment, contributing to cleaner surroundings and raising awareness about the importance of responsible waste management practices

Extension Teacher, DLLE, Palghar Unit.

Water conservation activity on World Water Day



Lt. Anagha A.Padhye NCC/09310016 Associate NCC Officer S.D.College,Palghar

8 Maharashtra Girls Bn, NCC, TN Medical College Hostel Building, Haji Ali Mumbai 34

19/3/19

NOTICE FOR NCC CADETS

All cadets are informed that meeting for activity World Water Day on 22/3/19 has organized on 20/3/19 at 11.30 am in NCC Office. All are required to attend the meeting.

LT. ANAGHA PADHYE ASSOCIATE NCC OFFICER SONOPANT GANGEARR GOLLEGE NCC/ 69910016

Water conservation activity on World Water Day

Objectives

- 1) To raise awareness about the importance of water and the need to conserve it.
- 2) To reduce water wastage.
- 3) To encourage sustainable water use.
- 4) To promote water-saving technologies such as rainwater harvesting, drip irrigation.
- 5) To support water conservation policies at the local, national, and international levels.

The Context

22nd March World Water day celebrated as per the guidelines received from the battalion.

The Practice

World Water Day is celebrated on March 22 every year to raise awareness about the importance of freshwater and the need for sustainable management of this vital resource. One of the most pressing issues facing the world today is the shortage of clean and accessible water, which affects millions of people globally.

Such a campaign is essential for ensuring that we have enough water literacy about cean water for our daily needs and for preserving our ecosystems.

Cadets made posters and went to nearby areas, talked to people and made them aware about consumption of water, conservation of water, practices they adopted for use of water.

Outcomes

- 1. By reducing water usage and waste, we can conserve the available water resources for future generations and reduce the strain on the environment.
- 2. improving access to water for disadvantaged communities, promoting community involvement and awareness, and reducing the vulnerability of communities to water shortages and droughts.
- 3. By reducing water usage and waste, we can reduce the energy usage and greenhouse gas emissions associated with water treatment and transportation.

		2018-19	
	ci	Dorold Water Day.	22-3-2019.
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02.	Juo.	Akshata Jadhav.	SPERMIT
03.	CSM.	Payal. More.	पामली भीरे.
05.	CDT.	Varsha. Bhavar.	Bhauros
06.	CDT.	Chaytai. Kushalkar.	Geryatri
	CDT.	Rohini- Vrode-	Rohini
08.	CDT.	Pratiksha. Sandar.	Fordore
	CDT.	Voishali. Sutur.	Vashedi
09.	CDT.	Sonal. Governe.	Concel
10.	CDT.	Prachi. Raut.	Posechi
11.	SCHT.	Sayali Dalvi.	Eyalip
12.	CDT.	Nisha. Chupta.	Nauguste
13.	CDT.	Snehal. Sambore.	Ssamberc
14.	LCPL.	Laxmi- Cejoud.	LGood
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21.	CDT.	Rithka Dhodi.	R. Dhodi







To, The Principal Sonopant Dandekar College Palghar

Date: 25/09/2018

Sub: Request to approve proposal to participate in an AIDS Rally

Respected Sir,

College Women Development Cell and NSS Unit of the College is planning to participate in 'Anti AIDS Rally' organised by Rural Hospital Palghar.

Approximate expenditure for the program is Rs.1000. Kindly allow us to conduct the program and sanction the said amount.

Thanking you.

Yours Sincerely,

Mrs. Seema Deshmukh

Convener

Women Development Cell Sonopant Dandekar College

'Anti-AIDS Rally 'on 1 September 2018

Objectives of the Rally:

- 1. To create awareness among the public about the symptoms, causes and preventives of the pandemic disease HIV/AIDS
- 2. To make students sympathetic to the patients suffering from AIDS enhance the social protection mechanism
- 3. To be aware of the current status and statistics of the disease in the country

Learning Outcomes:

At the end of the talk, students should be aware of

- 1. Dangerous effects of AIDS
- 2. Precautions to avoid the infection of disease
- 3. Available medical treatment for the disease to avoid panic in the face of the disease

Report of Anti-AIDS Rally

Palghar Rural Hospital approached College authorities to organise an 'Anti-AIDS Rally 'on 1 September 2018. Students from different faculties, NSS volunteers, NCC cadets, and DLLE students assembled at Rural Hospital Palghar. Students from different colleges and schools were also gathered for the rally. Medical officers of the hospital arranged a small program on the hospital premises. The Chief Medical officer explained the current statistics of HIV/AIDS. He said youths are getting more infected by the disease. He further added that there is a dire need to spread the awareness of the AIDS. Later rally was organised in different parts of the city. Students were holding posters with slogans to spread awareness about HIV/AIDS.

GLIMPSES OF THE EVENT

1. Anti aids rally



Azadi Ki Daud



Maj. B. K. Sakhare NCC-45218 Associate NCC Officer, S.D. College, Palghar. Mobile: 9665652975 3 Maharashtra Battalion, NCC Building, 3rd Floor, Old Secratariat Compound Mumbai - 32.

NOTICE FOR THE NCC CADETS

All NCC Cadets are hereby instructed that the meeting is arranged for activity of Azadi ki Daud taking place on 10/08/2022 and your presence is required for the meeting on 09/08/2022 regarding the conduction and practice.

Maj. B. K. Sakhare

NCC Officer

SDSM Collage Palghar

NCC/45218

The event will take place at S.D.S.M College. All NCC cadets are expected to attend and participate in the activity planned for the day. Please make sure to come in your

full NCC uniform and bring all necessary equipment and supplies as instructed verbally. It is important that you arrive on time and be ready to participate in the activity of Azadi Ki Daud that has been planned on 10/08/2022

Azadi Ki Daud

Objectives of the practice

- To celebrate India's freedom.
- To promote physical fitness through running rally

The Context

Azadi Ka Amrit Mahotsav is a Government of India initiative to honour and celebrate 75 years of advanced India and the magnificent history of its culture, people, and accomplishments. This Mahotsav remains dedicated to the Indian people who have not only been instrumental in driving India thus far in its developmental journey and who hold the potential to facilitate Prime Minister Modi's dream of triggering India 2.0, fuelled by the vibrancy of Atmanirbhar Bharat.

Practice

NCC (SD & SW) Unit organized and conducted 5 km marathon on 11/08/2022 on the occasion of "Azadi Ka Amrut Mahotsav". The marathon started at 7:00 am. 109 NCC Cadets (SD+SW) participated in marathon. All Cadets and ANO completed the marathon successfully with zeal and enthusiasm.

Outcome

A Dhud was conducted by SD College . The Dhud began from SD College, Palghar and via Thembhode, Ambedkar chouk, shivaji maharaj chouk to return SD College.





Maj. B. K. Sakhare NCC-45218 Associate NCC Officer, S.D. College, Palghar. Mobile: 9665652975 3 Maharashtra Battalion, NCC Building, 3rd Floor, Old Secratariat Compound Mumbai - 32.

NOTICE FOR THE NCC CADETS

All NCC Cadets are hereby instructed that the meeting is arranged for activity of Swachhata abhiyan taking place on 18/12/2021 and your presence is required for the meeting on 16/12/2021 regarding the conduction and practice.

Maj. B. K. Sakhare

NCC Officer

SDSM Collage Palghar

NCC/45218

The event will take place at SDSM College, Palghar. All NCC cadets are expected to attend and participate in the activity planned for the Independence Day. Please

make sure to come in your full NCC uniform and bring all necessary equipment and supplies as instructed verbally. It is important that you arrive on time and be ready to participate in the activity of Sacchta Abhiyan that has been planned.

Swacchta Abhiyan

Objectives

- To create awareness among students and Citizens.
- To maintain public and self-hygiene.
- To promote cleanliness.
- To promote proper waste management

Context

The Ministry of Tourism (MoT), with the aim of maintaining cleanliness at tourist destinations across the country has observed awareness campaign on cleanliness by undertaking a fortnightly awareness drive. Cleanliness from inside and outside, health automatically will reside both sides Clean India Beautiful India. If we will not protect nature, nature will not protect us. Cleanliness should not be foreseen for it brings hygiene. Let's make the right choice and use dustbin. Go green keep this planet green! India can do it.

The Practice

S.D.S.M college extension services – NCC Successfully conducted Swacchta Abhiyan. The campaign was successfully conducted within the college campus and the vicinity near the institute with the help of NCC cadets

Outcome

NCC cadets are played a crucial role in promoting cleanliness, hygiene, and sanitation through their active participation in Swachata Abhiyan. By organizing cleanliness drives, conducting awareness campaigns, adopting clean practices and promoting environmental conservation NCC cadets contributed in building a cleaner and healthier environment for themselves and their communities.





Sonopant Dandsker Skillehan Mandali's SONOPANT DANDEKAR ARTS, V.S.APTE COMMERCE AND M.H.MEHTA SCIENCE COLLEGE,

Peigher, Dist-Peigher, Pin- 401 404.

Code No. 02525- 252163, Prin.: 252317. Real.: 252316

ATTENDANCE RECORD

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Sr. No.	Name	Class	Roll No.	Mobile No.	Signature
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7	Mayur Ramesh Tad				printer
8	Nikhil Dilip Garhale	1			(Prouhale
9		1 / /			
0	Ritesh Mulkesh Singh			7)69013594	



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Peigher, Dist-Peigher, Pin- 401 404.

Code No. 02525- 252163, Prin.: 252317. Resl.: 252316

ATTENDANCE RECORD

ite :	18/12/2021 Time: 1100 to 1380	Venue :_	Shir	gaon Beach	Palglices
Sr. No.	Name	Class	Roll No.	Mobile No.	Signature
1	Ayush Sachin Sharma	Fygum	1216	9373528387	ALHERD
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4	Adity Santosh Mishro	1			Bulitya
5	Akash Tayram Rayat				
6	Akash Kaushal Pandey			/	
7	Dayrepand & Chausipa				
8	Faizan Taved shaikh	,			
9	Himanshu Rajendra Singh	FYRAF	-	9763393282	Thench
0	Mahesh Lufaran Charl	on FYBA	169	8767442891	Mahesh
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Program Officer National Service Scheme Unit Sonopant Dandekar College

Dt: 3/12/2021

To The Principal Sonopant Dandekar College Palghar

Sub: Request to sanction the proposal for organizing Shirgaon Beach Cleanup Activity.

Sir,

NSS proposes to organize Beach Cleanup Activity to be carried out at Shirgaon Beach on December 11, 2021. The Unit will require Rs. 2000 as an expenditure towards arrangement of the program. Kindly allow us to conduct the activity and sanction the said amount.

Thank you.

Yours sincerely,

Dr. Rohit Gaikwad NSS Program Officer

Date: 04/12/2021

NOTICE NATIONAL SERVICE SCHEME (NSS)

SHIRGAON BEACH CLEANUP

All the NSS volunteers are hereby informed that the "Shirgaon Beach Cleanup" program is organized on $11^{\rm th}$ December 2021 from 10.00 AM onwards.

All the NSS volunteers are requested to assemble on 11th December 2021 at 09.00 AM in Amlani Rest House.

NOTE: All the NSS volunteers are strictly requested to follow all prevention guidelines of Covid-19.

Dr. Rohit Gaikwad NSS Program Officer Dr. Kiran J. Save Principal

OBJECTIVES OF THE ACTIVITY

OBJECTIVES:

- 1. To give students the opportunity to provide a service to the environment and the community while learning about recycling, reusing and reducing waste.
- 2. To make students that what we do on land can affect our rivers and oceans.
- 3. To understand their responsibility towards Mother Earth and as global citizens.

OUTCOMES

At the end of the activity students should know

- 1. The importance of reusing, recycling and reducing the waste
- 2. Dangerous effects of plastics on land and water. To build small habits in personal life which has long term effects in saving environment.

Dr. Rohit Gaikwad

NSS Program Officer

GLIMPSES OF THE EVENT

1.Team photograph with collected garbage



2. Collection of garbage by students





SONOPANT DANDEKAR ARTS, V. S. APTE COMMERCE AND M. H. MEHTA SCIENCE COLLEGE, PALGHAR Paignar, Dist-Paignar, Pin- 401 404. E-mail: sdsmcollege@yanoo.com

ATTENDANCE RECORD

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4	Ahan Ksha Suntosh Rhya	FIBA		9356654959	Hauther.
5	Rutiliesh Rujendra Ganle	VF.Y.BA		9324273116	Kutikesh
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SONOPANT DANDEKAR ARTS, V. S. APTE COMMERCE AND M. H. MEHTA SCIENCE COLLEGE, PALGHAR Paignar, Dist-Paignar, Pin- 4C1 404. E-mail: sdsmcollege@yanoo.com

ATTENDANCE RECORD

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2	Janvi Surech Putil	SYBA		9322572755	amely
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8	Urmila ShAnkar BArry	F.7.BA		8262898548	amag
9	Puja Sharroal Patil	5-4 BCom		9561068830	15001
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ATTENDANCE RECORD

	the Event: Beach (,		epartment:N	2:2
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Sr.No.	Name of the Student	Class	Roll No.	Mobile No.	
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ATTENDANCE RECORD

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Paignar, Dist-Paignar, Pin- 4C1 4O4. E-mail: sdsmcollege@yanoo.com

ATTENDANCE RECORD

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ate: 1\	1121 2021 Time:	Venue:	Shirt	gon Beach	
Sr.No.	Name of the Student	Class	Roll No.	Mobile No.	Signature
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REPORT

On December 11, 2021, the Shirgaon beach cleanliness campaign was successfully conducted by the Maharashtra Paryavaran Sena, the NSS unit, and local residents, highlighting a collaborative effort towards environmental stewardship. A total of 188 NSS volunteers enthusiastically participated in this impactful Cleanliness Campaign, demonstrating their dedication to community service and environmental conservation. The successful execution of the campaign was attributed in large part to the invaluable contributions of NSS program officer Prof. Bhushan Bhoir, whose leadership and guidance ensured the smooth coordination and effectiveness of the activity.

Dr. Rohit Gaikwad

NSS Program Officer

PROPOSAL

Program Officer National Service Scheme Unit Sonopant Dandekar College

To The Principal, Sonopant Dandekar College, Palghar

Sub: Request to approve proposal for sending our volunteers to Clean-A-Thon on 08th september, 2019.

Sir,

The NSS Unit of the college is planning to send our NSS volunteers for Cleanliness Campaign called CLEAN-A-THON which is jointly organized by Mumbai University and Raji Foundation, Mumbai on 08th September, 2019 at Juhu Beach (Mumbai).

We request you to kindly allow us to send our volunteers for the event.

Thank you.

Yours Sincerely,

Rohit Gaikwad

NSS. Program Officer

NOTICE NATIONAL SERVICE SCHEME (NSS)

CLEAN-A-THON

All the NSS volunteers are hereby informed that the "Cleanliness Campaign called CLEAN-A-THON" is jointly organized by University of Mumbai and Raji Foundation Mumbai on 8th September 2019 at Juhu beach (Mumbai).

NSS volunteers from the college NSS unit interested in Cleanliness Campaign may contact NSS Program Officer Mr. Raju Tandel for further details.

Contact Number: 9049563211

Last date to submit names is 05th September 2019.

Rohit Gaikwad

Dr. Kiran J. Save

NSS. Program Officer

Principal

OBJECTIVES OF THE ACTIVITY

- 1. To highlight the importance of personal cleanliness and cleanliness of the environment
- 2. To create awareness about the dangers of filth and dirt in the environment
- 3. To promote social hygiene and personal care
- 4. To tell people how sanitation is linked to their overall health and happiness
- 5. To bring about behavioral changes in the people towards sanitation and hygiene
- 6. Motivating the communities for adopting a proper sanitation model for better health and life.

CERTIFICATE



REPORT on CLEAN - A- THON 2019-20

Jaya Dhodi's active participation in the Cleanliness Campaign exemplifies her commitment to environmental causes and community engagement. Her involvement not only highlights her dedication to maintaining cleanliness but also signifies her support for initiatives aimed at preserving natural habitats. The collaborative effort between Raji Foundation and United for a Greater Cause underscores the importance of collective action in addressing environmental challenges and promoting sustainable practices.

-

Rohit Gaikwad

NSS. Program Officer

YEAR 2019-2020

Proposal of the visit (Application to the Principal)

NOTICE

Zoology Department

International mangrove day celebration 2019

On occasion of International mangrove day department of Zoology and forest department of mangrove cell is arrange a mangrove clean up drive at **Shirgaon beach**. After clean up official of forest department will talk on mangroves identification and their importance.

All T.Y.B.Sc and S.Y.B.Sc students are instructed to attend the program compulsory. students are requested to gather in zoology lab on 26 July 2019 at 8.00 Am.

Principal

Participants students list with signatures.

Sonopant Dandekar College, Palghar Department of Zoology

List of Students for Shirgaon Beach Walk, Shirgaon.

Sr.No.	' Name	Class	Roll No.	Signature
1.	Sanket Purushottam Kore	T.Y.BSc	2601	Shore
2.	Samruddhi Ashok Patil ,	T.Y.BSc	2.600	· Server
3.	Sumit Gopal Hadal	T.Y.BSc	2653	Sumil
4.	Rupesh Santya Ravte	T.Y.BSc	2654	R.S. Row
5.	Santosh Kashinath Bhawar	T.Y.BSc	2655	
6.	Neha Yashawant Urade	T.Y.BSc	2619	Sperano
7.	Nidhi Keshav More	T.Y.BSc	2680	Nicha
8.	Soby Beby Givargees	T.Y.BSc	2686	Soby.
9.	Apurva Shashikant Gharat	T.Y.BSc	2697	A Ghana
10.	Pooja Manoj Gupta	T.Y.BSc	2,6002	Poula. G.
11.	Raksha DilipPatil	T.Y.BSc	26002	Recksher.
12.	Amisha Prabhakar Gharat	T.Y.BSc	26004	-0
13.	Vinit Steevan Francis	T.Y.BSc	26040	Prancis
14.	Meghana Laxman Gawali	T.Y.BSc	2604	Meghanao
15.	Sayali Santosh Patil	T.Y.BSc	26642	Bertil
16.	Pratiksha Tukaram Patil	T.Y.BSc	26045	Buteksha P
17.	Manasi Mahendra Chaudhari	T.Y.BSc	76046	M. chewalkovi
18.	Aishwarya Mahendra Naik	T.Y.BSc	26049	Acustment
19.	Seema Rajendra Hendre	T.Y.BSc	26050	
20.	Priyanka Ramdayal Sharma	T.Y.BSc	20000	500mel.H
21.	Sanskruti Jagdish Tandel	T.Y.BSc	26052	3. Tondel
22.	Ankita Rajesh Pagdhre	T.Y.BSc	20032	M
23.	Priyanka Birendra Yadav	T.Y.BSc		A
24.				TD-



Photographs of Cleanliness drive

1. Photo of zoology students involved in beach cleaning activity at Shirgaon beach on international mangrove day



Photo of zoology students involved in beach walk activity on a day of international mangrove day



Undertaking from the student

Undertaking I Meghana Laxman Gawali class TYBSC student of Sonopant Commerce and M.H. Mehta Science Co at At Masoli Tal Dahana Dist Pa	Dandekar Arts, V. S. Apte
Here by declare as under	
I am participating in the study tour organized by Sonopant Dandekar Arts, V. S. Apte Commo College, Palghar. On to visit	y Dept. of Zoology students of erce and M.H. Mehta Science
2. I undertake to be abiding by the rule and regula will maintain the discipline during the period of	ation framed by the college and study tour.
3. I also abide by instructions given by the accompanying the study tour.	staff member of the college
 I understand that if I do not obey the rules and instructions given by staff member, I am liable disciplinary actions taken by college. 	d regulations of the college and to be punished and ready for any
 I am also aware that I am participating in the tot event or any loss or damage to my property/lif of tour organizers will not be held responsible above. 	e. The reason beyond the control
	an Jane
Signature of Parents / Guardians	Signature of Student.
Place:	*
Date:	

Undertaking
class Tarkwast Unade roll no. 26 to Commerce and M.H. Mehta Science College Palghar residing at Onthangus, Bossas Road, Palghar
Here by declare as under
I am participating in the study tour organized by Dept. of Zoology students of Sonopant Dandekar Arts, V. S. Apte Commerce and M.H. Mehta Science College, Palghar. On to visit
I undertake to be abiding by the rule and regulation framed by the college and will maintain the discipline during the period of study tour.
 I also abide by instructions given by the staff member of the college accompanying the study tour.
4. I understand that if I do not obey the rules and regulations of the college and instructions given by staff member, I am liable to be punished and ready for any disciplinary actions taken by college.
5. I am also aware that I am participating in the tour at my own risk and if incase of event or any loss or damage to my property/life. The reason beyond the control of tour organizers will not be held responsible for any damage / loss mentioned above.
Adiade.

Signature of Parents / Guardians

Signature of Student.

Place: Palghax.

Date:

Undertaking

		Taking		
I Raksha Dilip class TY. BSC Commerce and M.H. at K. Mahim Rev	student o	alaman Coll	ege Palghar	2' when
Here by declare as under				
1. I am participating in the Sonopant Dandekar Ar College , Palghar. On	ts, V. S. A	pte Commer	ce and M.H. Meh	students of ta Science
I undertake to be abiding will maintain the discip	g by the rule	e and regulati	on framed by the	college and
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I understand that if I do instructions given by stadisciplinary actions take	aff member,	I am liable to	regulations of the be punished and re	college and eady for any
 I am also aware that I am event or any loss or day of tour organizers will above. 	mage to my	property/life.	The reason beyond	the contro
Mode			Paka	
Signature of Parents / Gua	rdians		Signature of	Student.
and the land				

Date:

Undertaking

class T. 4.R&C Commerce and M.H. at post keys, near gr	Mehta Salaman Co	Dandekar Arts, V. S. Apte
Here by declare as under 1. 1 am participating in the	e study tour organized b	by Dept. of Zoology students of erce and M.H. Mehta Science
	g by the rule and regula	ation framed by the college and study tour.
 I also abide by instru accompanying the study 		staff member of the college
4 I understand that if I do	not obey the rules and	d regulations of the college and

- 4. I understand that if I do not obey the rules and regulations of the college and instructions given by staff member, I am liable to be punished and ready for any disciplinary actions taken by college.
- I am also aware that I am participating in the tour at my own risk and if incase of
 event or any loss or damage to my property/life. The reason beyond the control
 of tour organizers will not be held responsible for any damage / loss mentioned
 above.

DE 3192

Signature of Parents / Guardians

S Brawak Signature of Student.

Place: Polonie

Date: 24/02/2014

Place of visit: Shirgaon beach walk

Date of visit: 26 July 2019

Objectives of the visit:

Educational Tours for students provide them with an opportunity to collaborate with teachers and integrate new perspectives with informal environments to enhance learning initiatives. Among the many educational tour benefits, skill development is the most important. To meet several educational tour objectives, students need to apply skills, values and general knowledge in new settings.

- Effective Learning
- Personal Development
- Enhances Perspective
- Effective Communication
- Deepen Social Knowledge

What students learn during the visit:

Students are energized by the excitement and anticipation of leaving the college environment.

The transportation to and from the site is often a pleasant open-social time.

Students have the opportunity to see new things and learn about them in a more unstructured way.

Students have the opportunity to determine what they learn and how they learn it. Said differently, student learning can be interest-driven, not teacher and curriculum-driven

Students will experience a more holistic, integrated picture of the information that, in the classroom, may have only been presented in a textual and abstract way.

Mrs.Seema Deshmukh Head, Dept. of Zoology

5. Deskulus



Sonopant Dandekar Shikshan Mandali's

SONOPANT DANDEKAR ARTS, V. S. APTE COMMERCE AND M. H. MEHTA SCIENCE COLLEGE,

Palghar, Dist-Palghar, Pin- 401 404.

Code No. 02525- 252163, Prin.: 252317. Resi.: 252316

E-mail: sdsmcollege@yahoo.com

(NAAC Re-Accredited 'B' Grade)

Date: 06th April, 2020

नमस्कार विद्यार्थी मित्र हो!

आपणा सर्वांना ज्ञात आहेच की जगभरात सध्या COVID-19 या जागतिक महामारीने थैमान घातले आहे. त्यावर प्रतिबंधात्मक उपाय म्हणून करण्यात आलेल्या संपूर्ण बंदला तोंड देत असतानाच एकंदर परिस्थितीशी समायोजन साधण्याचा प्रयत्न आपण सर्वच जण करीत आहोत. शासनाने योजिलेल्या धोरणांची, उपाययोजनांची बजावणी करीत या जागतिक संकटाशी आपण धैर्यांने लढा देत आहोत.

या संकटकाळात आपण अनुभवत असलेल्या परिस्थितीमध्ये आपल्या शारीरिक स्वास्थ्याबरोबरच मानसिक स्वास्थ्य व मनोबल यावर विपरीत परिणाम होऊ नये यासाठी विशेष काळजी घेणे आवश्यक आहे. त्यादृष्टीने महाराष्ट्र शासनाच्या आरोग्य विभागाने विद्यार्थ्यांसाठी कोरोना च्या काळात नेमकी काय आणि कशी सर्वांगिण काळजी घ्यावी या संदर्भातील सर्वसमावेशक माहिती पुस्तिका तयार केली आहे. ती आम्ही तुमच्या पर्यंत पोहोचवित आहोत.

त्याच बरोबर आरोग्य आणि कुटुंब कल्याण मंत्रालयाच्या शारीरिक व मानसिक आरोग्यावरील चित्र फितीच्या काही लिंक्स देखील आम्ही देत आहोत.

डॉ. किरण सावे

Enropant Dandekar Arts College, V.S. Apte Commerce College & M.H. Mehta Science College PALGHAR (W.R.) Dist. Palghar, Pin-401404

आरोग्य व कुटुंब कल्याण मंत्रालयाद्वारा आपल्या मानसिक आरोग्यासाठी व COVID-19 च्या संसर्गापासून दूर राहण्यासाठी आवश्यक व्हिडीओ/चित्रफितींच्या लिंक्स खालीलप्रमाणे:

https://youtu.be/uHB3WJsLJ8s

https://youtu.be/iuKhtSehp24

https://youtu.be/IELlhPGm2Nk

https://youtu.be/WuY68_iN17o

 $\underline{https://www.mohfw.gov.in/pdf/MindingourmindsduringCoronaeditedat.pdf}$

वर्तणूक आरोग्य: मनो सामाजिक टोल फ्री हेल्पलाईन: 0804611007

सार्वजनिक आरोग्य विभाग, महाराष्ट्र शासन यांच्या सौजन्याने

सोनोपंत दांडेकर कला, वा.श्री. आपटे वाणिज्य आणि एम्.एच्. मेहता विज्ञान महाविद्यालय, पालघर





सार्वजनिक आरोग्य विभाग, महाराष्ट्र शासन











कोविड-१९ ची

पंचसूत्री संदर्भ पुस्तिका

आरोग्य व इतर वैद्यकीय आणि स्वयंसेवकासाठी मार्गदर्शक आणि प्रतिबंध पद्धती

राज्य आरोग्य शिक्षण व संपर्क विभाग, पुणे

सार्वजनिक आरोग्य विभाग, महाराष्ट्र शासन यांच्या सौजन्याने

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कोविड - 19

घाबरू नका... पण जागरुक रहा

हे करा....स्वतःला व इतरांना सुरक्षित ठेवा

साबण व पाणी वापरून आपले हात स्वच्छ धुवा.





शिंकताना व खोकताना आपल्या नाकावर व तोंडावर रुमाल धरा.

सर्दी किंवा फ्ल्यू सदृश्य लक्षणे असलेल्या लोकांशी नजीकचा सं<u>पर्क टाळा.</u>



अधिक माहितीसाठी आपल्या जवळील शासकीय रुग्णालयाशी संपर्क साधा.

राष्ट्रीय कॉल सेंटर क्र. +91-11-23978046 राज्यस्तरीय नियंत्रण कक्ष क्र. 020-26127394 टोल फ्री हेल्पलाईन क्र. 104



सार्वजनिक आरोग्य विभाग, महाराष्ट्र शासन

राज्य आरोग्य शिक्षण व संपर्क विभाग, पुणे द्वारा प्रकाशित



अनुक्रमणिका



माझी भूमिका काय आहे?	१
मला कोविड-१९ बाबत काय माहित असणे आवश्यक आहे?	2
कुटुंबियांशी संवाद कसा साधावा?	3
समाजामध्ये सहयोगी वातावरण कसे करावे?	8
जनजागृती करण्यायोग्य सुरक्षित पद्धती काय आहेत?	4
घरात सुरक्षित राहण्यासाठी काय कराल?	Ę
घरी विलगीकरणास सहाय्य कसे करावे?	6
कौटुंबिक सदस्यांनी घरी विलगीकरणास सहाय्य कसे करावे?	(
मास्कचा वापर कसा करावा?	8
कुटुंबातील सदस्यांनी विलगीकरणास कसे सहाय्य करावे?	१०
संशयित व्यक्ती कोण असू शकतो?	११
संपर्क साधण्यायोग्य व्यक्ती कोण असू शकतात?	१२
घरी विलगीकरणास सहाय्य कसे करावे?	83
एखाद्या समुदायाच्या भेटी दरम्यान मी काय काळजी घ्यायला हवी?	88
घरी असताना मी काय खबरदारी व सुरक्षित उपाय करायला हवेत?	१५
तथ्य व गैरसमज	१६







माझी भूमिका काय आहे?

एएनएम, आशा, अंगणवाडी सेविका आणि इतर समाजसेवक

आरोग्य – एएनएम (डीएसओ/ एमओच्या अंतर्गत मार्गदर्शन)

माहिती पुरविणे

- सामाजिक अंतर राखण्यासहित प्रतिबंधात्मक आणि नियंत्रणाच्या उपायांबाबत माहिती देणे
- समाजातील समज व गैरसमज दूर करणे

डीएसओ ला सहाय्य करणे

- एसओपीनुसार संपर्काचे अनुरेखन करणे
- घरगुती विलगीकरण, होम केअर आणि एचआरजी व नागरी किंवा ग्रामीण भागातील संभाव्य केसेससाठी सहाय्यक सेवांची

अंमलबजावणी करणे

• समाजातील चुकीच्या गोष्टी आणि भेदभाव दूर करणे

अहवाल देणे आणि अभिप्राय घेणे

गटांची/ संघाची सुरक्षा आणि प्रतिबंधात्मक उपाय

सहाय्यक निरीक्षक

आरोग्य- आशा, सीएचव्ही (शहरी भागामध्ये) आणि आयसीडीएस - अंगणवाडी सेविका (एएनएम आणि सीडीपीओच्या अंतर्गत मार्गदर्शन)

परस्पर व्यक्तिगत पत्रव्यवहाराच्या माध्यमातून समाजामध्ये जनजागृती

- सामाजिक अंतर राखण्यासहित प्रतिबंधक आणि नियंत्रणाच्या उपाययोजनांचा योग्य वापर करणे
- समाजातील समज व गैरसमज दूर करणे

घरोघरी निरीक्षण करण्यासाठी एएनएम/ निरीक्षकास सहाय्य

• एचआरजी आणि संभाव्य केसेसची ओळख पटवणे

- नागरी आणि ग्रामीण भागात वैद्यकीय सेवांचा योग्यरीत्या वापर होत असल्याची खात्री करणे
- समाजातील चुकीच्या गोष्टी आणि भेदभाव दूर करणे

अहवाल देणे आणि अभिप्राय घेणे

स्वतःच्या सुरक्षेसाठी प्रतिबंधात्मक उपाय

कोविड-१९ च्या जनजागृतीसाठी IEC मार्फत तयार करण्यात आलेले साहित्य वापरणे

इतर समाजसेवक

(स्वयंसहाय्यता गटाचे/ बचत गट गटनेते, किसान मित्र इ.)

परस्पर व्यक्तिगत पत्रव्यवहाराच्या माध्यमातून समाजामध्ये जनजागृती प्रतिबंधक आणि नियंत्रणाच्या उपाययोजनांचा योग्य वापर करणे







सार्वजनिक आरोग्य विभाग, महाराष्ट्र शासन 🌇





मला कोविड-१९ बाबत काय माहित असणे आवश्यक आहे?

- या आजाराला नवीन करोना विषाणू आजार कोविड-१९ असे म्हणतात व हा आजार SARS-CoV-२ या विषाणूमुळे होतो.
- कोविड -१९ ची लक्षणे ताप, कोरडा खोकला आणि श्वास घेण्यास त्रास अशी आहेत.
- जर आपल्यामध्ये ताप, कोरडाखोकला किंवा श्वास घेण्यात त्रासयांसारखी लक्षणे नसल्यास कोविड -१९ची तपासणी करणे आवश्यक नाही.
- जर ताप, कोरडाखोकला, श्वास घेण्यास त्रास

किंवा



आपण कोविड-१९ विषाणूचे निदान झालेल्या बाधित रुग्णाच्या संपर्कात आला असाल तर राज्य नियंत्रण कक्ष ०२०-२६१२७३९४ वर संपर्क साधा. शंका समाधानासाठी १०४ टोल फ्री क्रमांकावर संपर्क साधा.







कुटुंबियांशी संवाद कसा साधावा?



आपल्या कुटुंबियांशी आदराने, सभ्य व सहानुभूतीने बोलावे. आपण करत असलेल्या कामाचा उद्देश समजेल अशा पद्धतीने त्यांना समजून सांगावा. वादविवाद टाळावा.



संशयित वनिदान केलेले रुग्ण आणि त्यांच्या कुटुंबातील सदस्य ताणतणाव किंवा भीती बाळगू शकतात याची आपण जाणीव ठेवायला हवी. आपण करू शकणारी सर्वात महत्त्वाची गोष्ट म्हणजे त्यासंबंधित काळजीपूर्वक प्रश्न ऐकणे.



संशयितांची ओळख पटावी म्हणून व्यक्तीकडून अचूक माहिती गोळा करणे. उदा. त्यांचे नाव, जन्मतारीख, प्रवासाची माहिती, लक्षणे, रेकॉर्ड आणि संपर्काची माहिती. माहिती स्पष्टपणे लिहिणे.



तुमच्याकडे प्रत्येक प्रश्नाचे उत्तर असेलच असे नाही; कोविड-१९बद्दल अद्याप संपूर्ण माहिती नाही आणि हे मान्य करणे योग्य आहे.



जर माहिती उपलब्ध असल्यास, माहिती पत्रके किंवा हॅंडआउट कुटुंबातील सदस्यांसह शेअर करा. माहिती पत्रक इत्यादींचा वापर करून कुटुंबियांच्या प्रश्नांचे त्यांना समजेल अशा सोप्या पद्धतीने निराकरण करा आणि त्यांना योग्य ती माहिती इतरांसह शेअर करण्यास प्रोत्साहित करा.







समाजामध्ये सहयोगी वातावरण कसे करावे?

प्रभावी व्यक्तींशी बोला व आपल्या कामात सामील करून घ्या

- स्थानिक प्रभावात्मक व्यक्तींची यादी तयार करा (ग्राम प्रधान, धार्मिक नेते, शिक्षकडतर)
- सध्याच्या परिस्थितीची कल्पना त्यांना देऊन त्याच्यासह चर्चा करा आणि मोहिमे दरम्यान पाळण्यात येणारे नियम सांगून त्यांना मोहिमेत सामील करून घ्या.

अति जोखमीच्या गटांसाठी समाज सहाय्य

- कॉन्टॅक्ट ट्रेसिंग प्रोटोकॉलनुसार गावातीलअति जोखमीच्या लोकांची यादी तयार करा
- अति जोखमीचे लोक ज्या लोकांना भेटतात किंवा बोलतात हे ओळख व अशा लोकांना प्रतिबंधात्मक उपायांबाबत माहिती द्या व अति जोखमीच्या लोकांनाही मार्गदर्शन करण्याविषयी सांगा.

सहभागासाठी समाजाचे जाळे विकसित करा

- आपत्कालीन नियोजनासाठी गावांना लहान गटात विभागून घ्या. तसेच गट संयोजकांचे संपर्क तपशील ठेवा
- एएनएम, आशा, आरोग्य कार्यकर्ते, रुग्णवाहिका यांचे संपर्क आणि इतर वैद्यकीय सहाय्य याचे तपशील याची माहिती द्या.

घरोघरी आपत्कालीन संपर्काची यादी पोहोचविण्यासाठी यंत्रणा विकसित करण्यात मदत करा

• प्रत्येक घरामध्ये शासनाच्या हेल्पलाईनच्या (एएनएम, आशा, आरोग्य कार्यकर्ते) आपत्कालीन संपर्कांची यादी असल्याचे सुनिश्चित करा.

चुकीच्या गोष्टी व सामाजिक भेदभावाविषयी लक्ष द्या



- समाजातील चुकीच्या गोष्टी व भेदभावजन्य परिस्थिती ओळखा
- बाधित कुटुंबांना आवश्यक वेळी मदत पुरविण्यासाठी त्यांच्यासह विचारविमर्श करा









जनजागृती करण्यायोग्य सुरक्षित पद्धती काय आहेत?



वारंवार आपले हात धुणे

• वारंवार आपले हात साबण व पाणी वापरुन स्वच्छ धुवा



सामाजिक अंतर राखणे

- स्वत: आणि इतरांमध्ये कमीतकमी १ मीटर अंतर ठेवा
- गर्दीच्या ठिकाणी जाण्याचे टाळा
- प्रार्थनास्थळ, पार्टी आयोजित करणे आणि त्यात सहभाग घेणे टाळा



डोळे, नाक आणि तोंडाला स्पर्श करणे टाळा

• कारण दुषित हाता वाटे विषाणू डोळे, नाक किंवा तोंडात शिरकाव करू शकतात

श्वसनासंबंधी शिष्टाचार पाळा



- जेव्हा आपल्याला खोकला व शिंक येते तेव्हा आपल्या तोंडावर व नाकावर रुमाल किंवा टिश्यू पेपर धरा
- टिश्यू पेपरचा वापर करून झाल्यास वापरलेले टिश्यू त्वरित बंद कचरापेटीत फेकून द्या
- त्वरित आपले हात साबण व पाणी वापरुन स्वच्छ धुवा



अद्यावत माहिती ठेवा आणि एएनएम/ आशा/ आरोग्य कार्यकर्ते यांच्या सल्ल्याचे अनुसरण करा

- कोविड-१९ विषयी नवीनतम (अद्यावत) घडामोडींविषयी माहिती जाणून घ्या
- स्वतःचे संरक्षण कसे करावे याबाबत आपल्याला पडलेल्या प्रश्नांची उत्तरे मिळविण्यासाठी आशा/ एएनएम/ आरोग्य कार्यकर्ते यांच्याशी संपर्क साधा.















घरात सुरक्षित राहण्यासाठी काय कराल?

इतरांपासून दूर रहा

- वेगळ्या खोलीत रहा आणि घरातील इतर लोकांपासून दूर रहा. कमीतकमी १ मीटर इतके अंतर राखा; जेणेकरून घरातील इतर लोक संक्रमणापासून सुरक्षित
- उपलब्ध असल्यास, स्वतंत्र शौचालयाचा वापर करा

आरोग्याची काळजी घ्या आणि सूचित करा

• ताप, कोरडा खोकला किंवा श्वास घेण्यात त्रास होत असल्यास, इतरांच्या संरक्षणासाठी मास्कचा वापर करा आणि त्वरित आपल्या जवळच्या आरोग्य सुविधा किंवा आशा किंवा एएनएम यांच्याशी संपर्क साधा

मास्कचा वापर

- जेव्हा आपण इतर लोकांच्या आसपास असता आणि आपण आरोग्य केंद्रामध्ये मध्ये प्रवेश करण्यापूर्वी
- जेव्हा आजारी व्यक्तीस मास्क घालण्यास अडचण निर्माण होत असेल तेव्हा इतर कुटुंबातील सदस्यांनी खोलीत प्रवेश करण्यापूर्वी मास्क घालावा



सार्वजनिक ठिकाणी जाणे टाळा

- कामावर, शाळा किंवा सार्वजनिक ठिकाणी जाऊ नका
- आपण बाधित असल्यास, आपली बाधा इतरांना देखील होऊ शकते

घरी येणारे अभ्यागत किंवा सहाय्यक कर्मचारी यांच्याशी संपर्क टाळा

- आपल्याला देखील नकळत ही बाधा होऊ शकते
- सहाय्यक कर्मचाऱ्यांना दूर राहण्यास सांगितले पाहिजे











होम क्वॉरंटाइनचे समर्थन कसे करावे?



लक्षणांची तपासणी: ताप व श्वासोच्छासाचे नियमित निरीक्षण केले पाहिजे आणि श्वास घेण्यास त्रास होत असल्यास किंवा खुप जास्त ताप येत असल्यास त्वरित त्याची माहिती जवळील आरोग्य केंद्रास कळवावी.

संरक्षणात्मक स्वच्छताः

- बाधित रुग्णासह घरातील डिश, पाणी पिण्याचे ग्लास, कप, भांडी, टॉवेल्स यांसारख्या वस्तू शेअर करू नका. वापरलेले टिश्यू पेपर बंद कचरापेटीत फेकून द्या.
- उबदार पाण्यात आणि साबणाने तागाचे कपडे धुवून निर्जंतुक करा व कडक उन्हात सुकत घाला.
- वॉशिंग मशीन: जंतुनाशक, साबण, कोमट पाणी इत्यादीचा वापर करा.
- तागाचे कपडे गरम पाण्यात भिजवून मोठ्या ड्रममध्ये साबणाने धुवा, त्यातील कपडे हलविण्यासाठी काठीचा वापर करा (अंदाजे ३० मिनिटांसाठी ०.०५% क्लोरीनमध्ये भिजवून घ्या. शेवटी, स्वच्छ पाण्याने धुवून कपडे सूर्यप्रकाशात वाळत घाला.
- घरातील इतर कचऱ्याची विल्हेवाट लावण्यापूर्वी वापरलेले टिश्यू, फेकण्याजोगे हातमोजे, फेसमास्क आणि इतर दुषित वस्तू एका पात्रात ठेवा.

वारंवार हात लावण्यात येणारे पृष्ठभाग जसे की काउंटर, टेबल टॉप, डोअरनॉब, बाथरूम फिक्स्चर, टॉयलेट्स, फोन, की-बोर्ड, गोळ्यांची पाकिटे आणि बेडसाइड टेबल्स दररोज स्वच्छ आणि निर्जंतुक करा. तसेच ज्यावर रक्त, मल किंवा शरीरातील द्रव असू शकतात असे सर्व पृष्ठभागावर स्वच्छ करा.

हात धुवा: वारंवार आपले हात साबण व पाणी वापरून स्वच्छ धुवा. जर साबण व पाणी उपलब्ध नसल्यास, आपले हात ७०% अल्कोहोल-आधारित द्रवाने आपले हात स्वच्छ करा. वारंवार आणि विशेषत: स्पर्श केल्या नंतर हात स्वच्छ धुवा.









कौटुंबिक सदस्यांनी होम क्वॉरंटाइनचे समर्थन कसे करावे?



वारंवार आपले हात साबण व पाणी वापरून स्वच्छ धुवा.



वृद्धांपासून दूर रहा त्यांना बाधा होण्याची अधिक शक्यता असते. घरातील सदस्यांनी जेवढे शक्य असेल तेवढे रुग्णाला दुसऱ्या खोलीत ठेवावे आणि नजीकचा संपर्क टाळावा. उपलब्ध असल्यास, घरातील सदस्यांनी स्वतंत्र खोली आणि स्नानगृह वापरावे.



घरगुती वस्तू बाधित व्यक्तीसह शेअर करणे टाळा उदा. डिश, पिण्याचे ग्लास, कप, भांडी, टॉवेल्स इत्यादी वस्तू.





बाधित व्यक्तीच्या संपर्कात असताना नेहमीच तिहेरी स्तरीय मास्क वापरावा. विल्हेवाट लावण्यायोग्य मास्क पुन्हा कधीही वापरता येणार नाहीत. (वापरलेला मास्क संभाव्यत: दूषित मानला जावा) सुरक्षितपणे मास्कची विल्हेवाट करावी.





जर लक्षणे आढळून (ताप / कोरडा खोकला / श्वास घेण्यास त्रास) आल्यास त्याने / तिने त्वरित आपल्या जवळील आरोग्य केंद्राशी संपर्क साधावा.











मास्कचा वापर कसा करावा?

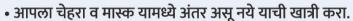
1 मास्कचा वापर तेव्हाच करावा, जेव्हा

- आपल्याला कोरडा खोकला किंवा ताप असल्यास
- आपण आरोग्य सुविधा केंद्रास भेट देत असाल
- आपण एखाद्या आजारी व्यक्तीची काळजी घेत असाल आणि बाधित व्यक्तीच्या खोलीत प्रवेश करत असाल



2 मास्कचा वापर योग्य पद्धतीने करावा

- मास्कचे प्लीट खालील बाजूस उघडा व नाक, तोंड आणि हनुवटी झाकून जार्डल अशा पद्धतीने लावावा.
- नाकावर ठेवण्यायोग्य भाग नाकाच्या हाडावर बसवा. वरील दोरीस खालील दोरी बांधलेली असून दोरी कानाच्या वरून मानेच्या मागील बाजूस घेऊन बांधावी.



- मास्क खाली खेचू नका किंवा मानेला लटकता ठेवू नका
- मास्क वापरात असताना त्याला सतत स्पर्श करणे टाळा



3 मास्क त्वरित बढला

मास्क अधिक ओलसर / फेकण्याजोगा झाल्यास तो त्वरित बंद कचरापेटीत फेकून दयावा व नवीन मास्कचा वापर करावा. एकदाच वापरावयाचा मास्क पुन्हा वापरू नये



4 मास्क काढण्यासाठी हे करा

- मास्क काढण्यासाठी योग्य पद्धतीचा वापर करा (मास्क मागील बाजूने काढा. मास्कच्या पुढील भागाला स्पर्श करू नका)
- प्रथम दोरीचा खालचा भाग व त्यानंतर वरचा भाग काढा आणि दोरीच्या वरच्या बाजूचा वापर करून मास्क हाताळा. मास्क काढताना इतर पृष्ठभागास स्पर्श करू नका.



5 मास्कची विल्हेवाट कशी करावी

मास्क काढल्यानंतर किंवा जेव्हा आपण अनवधानाने त्याला स्पर्श करतो तेव्हा त्वरित आपले हात साबण व पाणी वापरून स्वच्छ ध्रुवा. एकदाच वापरण्यायोग्य मास्क पुन्हा वापरू नये. काढल्यानंतर त्याची घरगुती ब्लीच सोल्युशनमध्ये भिजवून त्वरित बंद कचरापेटीत फेकून विल्हेवाट लावावी.











कटुंबातील सदस्यांनी विलगीकरणास कसे सहाय्य करावे?



भेट देणाऱ्यांची नोंद ठेवाः

आरोग्य कर्मचार्यांमार्फत (एएसएचए / आरोग्य कार्यकर्ते) संपर्काचे अनुरेखन भेट देणाऱ्या व्यक्तीच्या निवासस्थानी जाऊन पार पाडले जाते. तसेच दुरध्वनीचा वापर विशिष्ट परिस्थितीत किंवा पाठपुरावा करण्यासाठी केला जाऊ शंकतो.



आपला हेतू त्यांना स्पष्ट करा:

स्वत: चा परिचय करून द्या, संपर्क अनुरेखनामागील हेतू सांगा आणि विहित नमुन्यातनुसार त्यांची माहिती घ्या.



विशिष्ट स्वरूप वापरा:

आजारपणानंतर २८ दिवसांच्या कालावधी दरम्यान रुग्णाने लोकांशी साधलेल्या संपर्काची माहिती व प्रवासाची माहिती संपर्क अनुरेखनात समाविष्ट असाव्यात.



निरीक्षण करणे:

घटनेच्या व्याख्येनुसार SARS-CoV-२ लक्षणांच्या पुराव्यासाठी बाधित रुग्णापासून बाधा झालेल्या शेवटच्या व्यक्तीनंतर कमीतकमी २८ दिवस निदान केलेल्या व्यक्तींच्या संपर्काचे अनुरेखन व निरीक्षण करायला हवे.

पाठपुरावा घेणे:

बाधित रुग्णाच्या संपर्कांविषयी (भेटीगाठी,) माहिती मिळवणे

- रुग्ण, त्याच्या / तिच्या कुटुंबातील सदस्यांकडून,
- रूग्णाच्या कामाच्या ठिकाणी किंवा शाळेतील सहकारी किंवा इतर लोक ज्यांना रुग्ण करत असलेल्या कामाबाबत व प्रवासाविषयी माहिती असलेल्यांकडून





सार्वजनिक आरोग्य विभाग, महाराष्ट्र शासन 🌇 🛭 8





संशयित व्यक्ती कोण असू शकतो?



तीव्र श्वसनाचा आजार असलेला कोणताही व्यक्ती (ज्याला ताप व श्वसनसंस्थेशी संबंधित आजार असल्याचे किमान एक लक्षण (खोकला, श्वास घेण्यास त्रास)}

AND









कोविड-१९ आजाराची लक्षणे दिसण्यापूर्वी १४ दिवसादरम्यान राहत असलेल्या कोणत्याही परिस्थितीत किंवा कोविड-१९ बाधित देशातून / भागातून प्रवास केला असेल तर ती व्यक्ती संशयित ठरू शकते

OR



कोविड-१९ आजाराची लक्षणे दिसण्यापूर्वी १४ दिवसादरम्यान जर श्वसनसंस्थेशी संबंधित आजार असलेल्या व निदान झालेल्या बाधित व्यक्तीच्या संपर्कात आला असेल तर ती व्यक्ती संशयित ठरू शकते

OR



तीव्र श्वसनाचा आजार असलेला कोणताही व्यक्ती (ज्याला ताप व श्वसनसंस्थेशी संबंधित आजार असल्याचे किमान एक लक्षण (खोकला, श्वास घेण्यास त्रास)} आणि त्याला रुग्णालयात दाखल करणे आवश्यक आहे

OR



कोविड-१९ आजाराची केलेली तपासणी अपवादात्मक ठरली असेल. प्रयोगशाळेमार्फत निदान केलेली व्यक्ती. वैद्यकीय चिन्हे आणि लक्षणांच्या आधारे प्रयोगशाळेमार्फत एखाद्या व्यक्तीला कोविड-१९ ची बाधा झाल्याचे निदान केल्यानंतर





सार्वजनिक आरोग्य विभाग, महाराष्ट्र शासन 🌇 🛭 8







संपर्क साधण्यायोग्य व्यक्ती कोण असू शकतात?



कोविड-१९ बाधित रुग्णासह योग्य काळजी न घेता एकाच घरात राहणे



कोविड-१९ बाधित रुग्णासह सारख्याच परिसरात एकत्र मिळून राहणे (कामाचे ठिकाण, वर्ग, घर, सार्वजनिक ठिकाण)



ज्या व्यक्तीमध्ये कोविड-१९ ची लक्षणे दिसून आली असतील अशा व्यक्तीच्या सानिध्यात (१ मीटरपेक्षा कमी अंतर) प्रवास केला असेल व त्यानंतर त्या व्यक्तीस कोविड-१९ ची बाधा झाल्याचे स्पष्ट झाले असेल



अशी व्यक्ती जी कोविड-१९ बाधित रुग्णाची काळजी घेत असेल



विचाराधीन प्रकरणांमध्ये आजारपणाच्या सुरुवातीच्या १४ दिवसांच्या आत आजाराची माहिती मिळू शकते.







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घरी विलगीकरणास सहाय्य कसे करावे?

नेहमी नम्र भाव ठेवाः

कोविड-१९ ची बाधा कोणालाही आणि कुठेही होऊ शकते. लोकांशी आदराने, सभ्य व सहानुभूतीने बोलावे. आपण करत असलेल्या कामाचा उद्देश समजेल अशा पद्धतीने त्यांना समजून सांगावा. वादविवाद टाळावा. असे सांगावे कि सरकार सर्व नागरिकांना आधार मिळावा म्हणून आम्ही कार्यरत आहोत.



१ मीटर अंतर ठेवा:

आपण जेव्हा लोकांना भेटता तेव्हा स्पर्श करणे किंवा इतर प्रकारे त्यांच्याशी संपर्क टाळा. या आजाराचा संसर्ग कोणत्याही प्रकारे होऊ शकतो हे खरे आहे. जर मोकळी जागा व प्रसंग तसा असेल तर खुल्या जागेत बसून आपल्या कुटुंबातील सदस्यांसह बोला.

मुलाखतः

प्रश्न विचारून योग्य उत्तरे मिळवा. आपण एखादी गोष्ट लिहित असताना आपले लिखाण स्पष्ट आणि पूर्ण माहितीसह (पत्ता, नाव, संपर्क क्रमांक) सुवाच्यपणे लिहिले आहे याची खात्री करा.





अभिप्राय जाणून घ्या:

अभिप्राय घेत असताना आपण दिलेली माहिती त्यांना योग्यरित्या समजली का हे तपासून पहा आणि आपण काय सल्ला दिला आहे किंवा काय माहिती दिली आहे याची पुन्हा पुनरावृत्ती करायची आहे का ते विचारा.



स्पष्टपणे सांगणेः

पजर आपल्याकडे प्रश्नांची उत्तरे असतील तर त्याबाबत समुदायाच्या सदस्यांना माहिती देणे आवश्यक आहे. परंतु, जर आपल्याकडे प्रश्नांची उत्तर नसतील तर तसे सांगण्यास अजिबात संकोच करू नका. कोविड-१९ बद्दल अद्याप संपूर्ण माहिती उपलब्ध नाही.



• आपले हात स्वच्छ ठेवण्यासाठी सॅनिटायझर / साबण सोबत बाळगा • आपल्या कामाचे स्वरूप पत्र सोबत बाळगा • लेखणी, लेखन पॅड सारखी स्वत: ची लेखन सामग्री सोबत बाळगा • आवश्यकता असल्यास आपले मास्क आणि अतिरिक्त मास्क देखील सोबत बाळगा





सार्वजनिक आरोग्य विभाग, महाराष्ट्र शासन 🚮 🖇





एखाद्या समुदायाच्या भेटी दरम्यान मी काय काळजी घ्यायला हवी?



स्वतः व इतरांमध्ये १ मीटर पेक्षा अधिक अंतर ठेवा आणि संवाद साधताना निकटचा संपर्क टाळा





आपला चेहरा झाकण्यासाठी तीन स्तरित मास्क वापरा. ते योग्यरित्या परिधान केले आहे याची खात्री करा





सतत आपल्या चेहऱ्याला (डोळे, नाक, तोंड) स्पर्श करणे टाळा. वारंवार आपले हात साबण व पाणी वापरून किंवा ७०% अल्कोहोल आधारित द्रवाने स्वच्छ धुवा





वारंवार आपले हात साबण व पाणी वापरून किंवा ७०% अल्कोहोल आधारित द्रवाने स्वच्छ धुवा





दरवाजाची घंटा, डोअर नॉब, सपोर्ट रेल, हँडल्स व हँड रेल इत्यादी सतत स्पर्श करण्यासारख्या गोष्टींना स्पर्श करणे टाळा













घरी असताना मी काय खबरदारी व सुरक्षित उपाय करायला हवेत?



योग्य पद्धतीचा वापर करून आपल्या चेहऱ्यावरील मास्क आणि हातमोजे काळजीपूर्वक काढून टाका, सतत मास्कच्या पुढील बाजूस स्पर्श करणे टाळा, मास्कची लेस मागील बाजूने बांधा व मास्क आपल्या गळ्याभोवती लटकत राह् देऊ नका.



वापरलेला मास्क आणि हातमोजे त्वरित बंद कचरापेटीत फेकून त्याची विल्हेवाट लावा.



जर आपण आपल्या सोबत आपली बॅग / नोंदणीपुस्तक बाळगत असाल तर त्वरित ते जंतुनाशक द्रावणाने स्वच्छ पुसून घ्या.



कोणत्याही पृष्ठभागास किंवा इतरत्र स्पर्श करण्यापूर्वी आपले हात साबण व पाणी वापरून किंवा ७०% अल्कोहोल आधारित द्रवाने स्वच्छ ध्रवा.

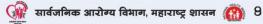


. जर आपल्यामध्ये सर्दी, कोरडा खोकला, ताप यांसारखी लक्षणे दिसून आल्यास त्वरित जवळील शासकीय आरोग्य केंद्रास किंवा जिल्हा नियंत्रण अधिकारी यांच्याशी संपर्क साधावा.













तथ्य व गैरसमज

विधानः उन्हाळा आल्याने करोना विषाणूला रोखण्यास मदत मिळेल

तथ्यः करोना विषाणु उष्ण आणि दमट हवामान असलेल्या क्षेत्रासह सर्व क्षेत्रात पसरू शकतो. कोविड-१९ पासून स्वतःचे संरक्षण करण्याचा उत्तम मार्ग म्हणजे वारंवार आपले हात साबण व पाणी वापरून स्वच्छ धुणे. खोकताना व शिंकताना तोंडावर व नाकावर रुमाल धरणे आणि गर्दीची ठिकाणे टाळणे.

विधान: गरम पाण्याने आंघोळ केल्यामुळे नवीन करोना विषाणू आजार रोखता येईल

तथ्यः आपल्या शरीराचे तापमान ३७ डिग्री सेल्सिअस एवढे असते, या तापमानात हे विषाणू आपल्या शरीरात संचार करू शकतात आणि गरम पाण्याने आंघोळ केल्याने त्यावर काही परिणाम होत नाही.

विधानः कच्चे लसुण, तीळ खाल्ल्याने विषाणूपासून आपले बचाव होईल

तथ्यः लसूण हा आरोग्यदायी पदार्थ आहे, त्याचे असे अनेक फायदे आहेत. परंतु लसूण खाल्ल्याने लोकांना नवीन करोना विषाणूपासून (२०१९-कोविड) संरक्षण मिळत नाही.

विधानः न्यूमोनियाविरूद्ध वापरण्यात येणारी लस नवीन करोना विषाणुपासून आपले रक्षण करेल

तथ्यः न्यूमोनियाविरुद्धं देण्यात येणारी लस तुमचे न्यूमोनियापासून नक्कीच संरक्षण करील. परंतु न्यूमोनियाविरुद्ध देण्यात येणाऱ्या लसीमध्ये नोवल करोना विषाणुविरूद्ध लढण्याची क्षमता नाही.

विधानः डासांच्या दंशाव्दारे आपल्याला कोविड-१९ ची बाधा होऊ शकते

तथ्यः करोना विषाणू डासांच्या दंशाद्वारे पसरू शकत नाही. तो प्रामुख्याने बाधित व्यक्तीच्या खोकण्यातून किंवा शिंकण्यातून किंवा लाळेच्या थेंबातून किंवा नाकातील स्त्रावाद्वारे पसरतो.

विधानः आपल्या संपूर्ण शरीरावर अल्कोहोल किंवा क्लोरीनवर आधारित द्रव लावल्याने करोना विषाणुला रोखता येऊ शकते

तथ्य: आपल्या संपूर्ण शरीरावर / कपड्यांवर अल्कोहोल किंवा क्लोरीनवर आधारित द्रव लावणे किंवा मद्यपान करणे आपल्याला करोना विषाणुची बाधा होण्यापासून वाचवू शकत नाही. नाक किंवा तोंडावाटे विषाणू आपल्या शरीरात जेव्हा शिरकाव करतात तेव्हा आजार पसरला जातो. जेव्हा आपण दुषित हाताने तोंडाला स्पर्श करतो किंवा अन्न खातो तेव्हा बाधा होण्याची शक्यता अधिक असते, म्हणूनच वारंवार आपले हात साबण व पाणी वापरून स्वच्छ धुवा; जेणेकरून आपण विषाणूंना शरीरात प्रवेश करण्यापासून रोखु शकतो.

विधान: मिठाच्या द्रावाने (सलाईन) नियमितपणे नाक साफ केल्यास संसर्ग टाळता येईल

तथ्यः नाक सलाईनद्वारे सातत्याने साफ केल्याने सर्दी लवकर बरी होण्यास मदत मिळते असे काही प्रमाणात पुरावे उपलब्ध आहेत. परंतु नोवल करोना विषाणूचा संसर्ग रोखण्यासाठी मदत होईल असा कोणताही पुरावा अद्याप मिळालेला नाही.



🌃 सार्वजनिक आरोग्य विभाग, महाराष्ट्र शासन 🚮 🛭 8



मीच माझा रक्षक

मी कोविड-१९ पासून सुरक्षित राहण्यासाठी काळजी घेर्डन!

कोविड - १९

(नवीन करोना विषाणू आजार-nCov)



घाबरु नका... पण जागरूक रहा! स्वतःला व इतरांना सुरक्षित ठेवा

हे करा :



आपले हात जरी स्वच्छ दिसत असले तरी वारंवार साबण व पाणी वापरून ते स्वच्छ धुवावेत.



खोकताना व शिंकतांना आपल्या तोंडावर व नाकावर रुमाल अथवा टिश्यू पेपर धरावा.



टिश्यु पेपरचा वापर करुन झाल्यानंतर वापरलेले टिश्यू पेपर त्वरित बंद कचरापेटीत फेकून द्यावे.



डॉक्टरांशी किंवा इतरांशी संपर्क साधण्यापूर्वी मास्क किंवा रुमालाचा वापर कराता



सामुहिक/सार्वजनिक कार्यक्रमांत सहभाग घेणे टाळा.



कोरडा खोकला, ताप किंवा श्वास घेण्यास त्रास ही लक्षणे दिसल्यास त्वरित राज्य नियंत्रण कक्ष क्रमांक 020-2612 7394, टोल-फ्री क्रमांक 104 अथवा आरोग्य व कटुंब कल्याण मंत्रालय, भारत सरकार यांच्या हेल्पलाईन क्रमांकावर ०११-२३९७८०४६ संपर्क साधावा.

हे करु नका:



ताप किंवा खोकला असलेल्या लोकांशी नजीकचा संपर्क.



सार्वजनिक ठिकाणी



शिंकलेल्या अथवा खोकलेल्या हातांनी



सार्वजनिक आरोग्य विभाग, महाराष्ट्र शासन

राज्य आरोग्य शिक्षण व संपर्क विभाग, पुणे द्वारा प्रकाशित



या आजाराविषयी अधिकची माहिती जाणून घेण्यासाठी खालील संकेत स्थळांना भेट द्या

https://www.cdc.gov/coronavirus/2019-ncov/about/index.html https://www.who.int/emergencies/diseases/novel-coronavirus-2019



🌈 /MahaArogyaIECBureau 🕥 @MahaHealthIEC 👩 /mahahealthiec 🛗 /MahaHealthIEC







सार्वजनिक आरोग्य विभाग, महाराष्ट्र शासन यांच्या सौजन्याने

सोनोपंत दांडेकर कला, वा.श्री. आपटे वाणिज्य आणि एम्.एच्. मेहता विज्ञान महाविद्यालय, पालघर

Sonopant Dandekar Shikshan Mandali's



SONOPANT DANDEKAR ARTS, V.S. APTE COMMERCE AND M.H. MEHTA SCIENCE COLLEGE, PALGHAR

Palghar, Dist – Palghar, Pin – 401 404, E – Mail: sdsmcollege@yahoo.com

Date: 18/10/2021

To The Principal Sonopant Dandekar College Palghar

Sub: Request to approve proposal for Covid-Vaccination Program

Respected Sir,

NSS unit and Civil Hospital, Palghar is jointly organizing a Covid- Vaccination program from 25/10/2021 to 1/11/2021 in the college campus. The Unit will require Rs. 10000 in advance as an expenditure towards arranging the program.

Hence, I request you to allow us to conduct the program and sanction the amount. Thank you.

Yours sincerely

Dr. Rohit Gaikwad,

NSS Program Officer,

Sonopant Dandekar College

Date: 19/10/2021

NOTICE

COVID VACCINATION CAMP

All the NSS volunteers are hereby informed that the "Covid Vaccination Camp" is organized by Government of Maharashtra in our college during 25th October 2021 to 01st November 2021 from 10.00.AM onwards.

All the NSS volunteers are requested to assemble in BMS Seminar Hall, take advantage of Covid Vaccination and make camp successful.

NOTE: All the NSS volunteers are strictly requested to follow all prevention guidelines of Covid-19.

Dr. Kiran J.

Dr. Rohit Gaikwad

Save

NSS Program Officer Principal

ACTIVITY REPORT

OBJECTIVE:

1. To reassure the public about the importance of the COVID-19 vaccine, and its safety and effectiveness

ABOUT THE EVENT:

During the period from 25th October to 28th November 2021, the National Service Scheme unit of the College conducted a preventive vaccination drive. For this vaccination campaign, the volunteer students motivated the students regarding vaccination and as a result, at least 950 students at the college took preventive vaccines. For this initiative, Principal Dr. Kiran Save, Vice Principal Dr. Tanaji Pol, Prof. Mahesh Deshmukh Program Officer Prof. Dr. Rohit Gaikwad, Prof. Raju Tandel, Prof. Bhushan Bhoir as well as volunteers Vaishnavi Karnik, Arpita Kini, Mamta Padiyar, Karishma Jain, Mahesh Kasnale etc. volunteer students helped in the vaccination drive.

OUTCOMES:

- 1. Students understood the importance of the COVID-19 vaccine, and its safety and effectiveness.
- 2. Students were able to shed fears, misconceptions and prejudices.

Dr. Rohit Gaikwad

NSS Program Officer

GLIMPSES OF THE EVENT

1. Volunteers taking COVID vaccine



2.Dr. Rohit Gaikwad and NSS Volunteers at COVID Vaccine Camp



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SONOPANT DANDEKAR ARTS, V. S. APTE COMMERCE AND M. H. MEHTA SCIENCE COLLEGE, PALGHAR Paignar, Dist-Paignar, Pin- 401 404. E-mail: sdsmcollege@yanoo.com

ATTENDANCE RECORD

Name of the Event:	Covid-	Vaccination			
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SONOPANT DANDEKAR ARTS, V. S. APTE COMMERCE AND M. H. MEHTA SCIENCE COLLEGE, PALGHAR

Paignar, Dist-Paignar, Pin- 4C1 4O4. E-mail: sdsmcollege@yanoo.com

ATTENDANCE RECORD

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Paignar, Dist-Paignar, Pin- 401 404. E-mail: sdsmcollege@yanoo.com

ATTENDANCE RECORD

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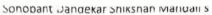


SONOPANT DANDEKAR ARTS, V. S. APTE COMMERCE AND M. H. MEHTA SCIENCE COLLEGE, PALGHAR Paignar, Dist-Paignar, Pin- 401 404. E-mail: sdsmcollege@yanoo.com

ATTENDANCE RECORD

the Event: Covid Va	ceination			
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Signature Po





SONOPANT DANDEKAR ARTS, V. S. APTE COMMERCE AND M. H. MEHTA SCIENCE COLLEGE, PALGHAR Paignar, Dist-Paignar, Pin- 401 404. E-mail: sdsmcollege@yanoo.com

ATTENDANCE RECORD

Name of	Name of the Event: Covid Vaccination					
*	2.2.1 secure N.C.C					
Date: _0	5/10/2/ Time:	Venue:	4.2.0.2	n College,	alghan	
Sr.No.	Name of the Student	Class	Roll No.	Mobile No.	Signature	
1	Mounal Bhaoat Rane	FYBA		9960463904	118-Have	
2	Valmiki Promente mas			9579782039	Nalmilei	
3	Kajal GanpatMali	SYBCom		9867247247	Dagal	
4	Jyoti Gapta	FYBEam		7264816971	Styoti_	
5	Sanjana Capta	FyBlom		9322890921	Sanjana	
6		FYBSC		8007706182	Midh	
7	Sannan Murani Sheikh	FYBSC		8551010711 C	Jannan	
8	Pramila Datastre Korda	SYBA		9359450537	Asamila	
9	Cauxi har not Mali	STBcom		7748601427	Cours	
10	Pooja Herraman Monsya	SYBBom		966 5531 808	Hooja	
11	Garrar Vartale	FYBSC		7448157807	Callordas	
12	Khushboo Kasim Shaikh	PYBA		8208255415	thushboce.	
13	Neha Sheehmadh Bajapahi			8482891596	(Bhajapati	
14	Popla Santash Pagapat	SYRSC		1219679583	lada	
15	Surama baba Nikam			8007532401	Awarea	
16	7gnashni Jadhan	FYBSOM		8767268407	Tomeshi	
17	EtBSE Siddesh Satpute			8623879573	BALLA	
18	Neha Balaso Yamgar			98606189140	N. Yangas	
19	Manohat Amil Singh	SYBSC		93736214446	NM-A: Singh	
20	Syreya knipa shandkar			70582991800	Spacy	
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22		FIBCOM		77 5297584	P.R.D.	
23	Brya kushingha	SYBSC		8999040752	el labor	
24	Projulani Patro	SYBSC		7263865879	Subenda	
25	Sullandy Benka	3/100				

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SONOPANT DANDEKAR ARTS, V. S. APTE COMMERCE AND M. H. MEHTA SCIENCE COLLEGE, PALGHAR Paignar, Dist-Paignar, Pin- 401 404. E-mail: sdsmcollege@yanoo.com

ATTENDANCE RECORD

lame of	the Event: <u>Covid Va</u>	eeina non			
.00	100101		D	epartment: N	2.2
ate:	6/10/24 Time:	Venue:			
Sr.No.	Name of the Student	Class	Roll No.	Mobile No.	Signature
1	SYBA Kalpesh Palvi	SYBA		7666048718	Malperh
2	Nivarijan Sharma			9860656316	Nirranjan
3	Mayors Tukasam Sonawa			7972921354	M.T. Sonawa
4	Harsh Mahesh Mestry			9502811246	March
5	Ut kaos ha Roma kant Gairue			983494669	Maring
6	Priyanka Eknath Vanall			7391902701	Markey
7	Shreyash Videon Patil			76206449121	Lelouni
8	Ankite VATYA Dhangs de			7058 22124	Sankita
9	Sakshi Pavindra Mibe	y Pylcon		9259553166	Sakohi
10	Rupali Sakharam	FrBCom		8010895852	Supall
11	Rahul Shattapps Pawas	SYBSC		7798103884	
12	Jayesh Raienda Garas	SYBA		37710663H	p Jayesh
13	Javendry Krusha Janath	e SYBA		7972134057	Ayerona
14	Dibak Devilali Sutar	FYBSC	-	8668 708564	
15	Tannay Anil Tane	FYBSC		9022895840	annay
16	Sapria Dilip Shelas	SYBSC		8439261896	
17	Prashant Brakash Umto		D	797204677	
18	Priye Arn Padhi	SYBSC		8459075686	
19	Pooja Namder Curijkas	<u>-</u>	-	9359857054	
20	Sargari	SYBSC	-	9607288338	Sayami
21	JUMPHUN CHANGE	SYBLOW	-	2010000	Moranal
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SONOPANT DANDEKAR ARTS, V. S. APTE COMMERCE AND M. H. MEHTA SCIENCE COLLEGE, PALGHAR Paignar, Dist-Paignar, Pin- 401 404. E-mail: sdsmcollege@yanoo.com

ATTENDANCE RECORD

Name of the Event: Covid vaccination						
4.	Department: N.S.S					
Date:	25/10/24 Time:	Venue:	S.D.S.N	1 College Po	lghax	
Sr.No.	Name of the Student	Class	Roll No.	Mobile No.	Signature	
1	Neha Amdae Jadhay	FYBA		8010442725	Neha	
2	Omkar ChandrakantGova			8080893326 9	Quelas	
3	Kanishka Santash Patil			9356775679	Manighta	
4	Pooja Jawaingh Shindre			9552418094	Pooja	
5	Nikota Bhainila/Khatri			8767548174	Wikita_	
6	Vaibhay Sureen Chaudha			9373146323	Mailbhay	
7	Shout Mangesh Angre	FY BA		8788923833	South	
8	Aditya Viyay Antani	FYBlom		8786 463642	AV. Artani	
9	Sudhanshu Uhas Patil	FYBAF		8975 633 773	Sucharchy	
10	Biyanka Yadav	PYBAP		9021319299		
11	Anjali Vicky Thakur	FYBA		7499627283		
12	Khushi Tagangath Thu	m' SYBCom		8530876698	Hhush	
13	De Laving forkumae Das	PyBcom		8459561089	laximi	
14	Upasging Santah Dhany	FYBOOM		9367250668	Masana	
15	Projeti Vishwanath Dhod	Fyllom		9146891715	alteration	
16	Margesh Kephay Robi	SYBSC		9389463613	M.K.Rohi	
17	Budaia Sonieer Patil	S.Y.BSC		7758041021	Autara K	
18	Bhanize Santash Tamore	SYBUSE		9404473385	0	
19	Aman Rajesh Sharma	FYBA		9307419872	Sampad	
20	Lampada Lamarelas	SYP6an		9307129426		
21	Sonali Navesh Wavare	FYBSC		8010619227	Sanoh	
22	Sujata Kailas Thoke	FYBSC		9588433277	-	
23	Nohe Balaso Yangar	FYBSC		98606189491	Naidehi	
24	Vaideli Viehuas Patil	SYBSC		9637750875		
25	Akansha Sanjay More	FYBA		8552845926	A.S. Mare	
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Signature

Department of Lifelong Learning and Extension (DLLE)

COVID Vaccine Awareness

A COVID-19 vaccine and awareness program involve initiatives to boost vaccination rates and educate people about COVID-19 vaccines. Our guests included distributing information, dispelling myths, and encouraging vaccination through our Zoom meeting to all DLLE students.

Objectives:

- 1. Vaccine awareness: To raise awareness among participants about the importance of COVID-19 vaccination in controlling the spread of the virus and mitigating the impact of the pandemic.
- 2. Vaccine information: To provide accurate and up-to-date information about the available COVID-19 vaccines, their efficacy, safety, and the vaccination process.
- 3. Vaccine eligibility and access: To educate participants about the eligibility criteria for COVID-19 vaccination, the registration process, and the availability of vaccines in their respective regions.

Outcomes:

- 1. Understanding COVID-19 vaccines: Participants gained a comprehensive understanding of the different types of COVID-19 vaccines, their development, efficacy, and safety profiles.
- 2. Vaccine eligibility and access: Participants got knowledge about the eligibility criteria for COVID-19 vaccination, the registration process, and the availability of vaccines in their respective regions.
- 3. Vaccine hesitancy addressing: Participants were equipped with information and strategies to address vaccine hesitancy, including common concerns and misconceptions, to promote informed decision-making regarding COVID-19 vaccination.

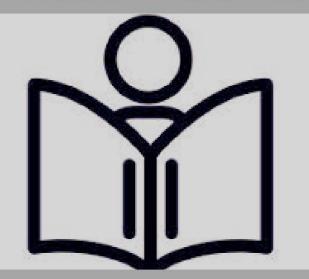
Extension Teacher, DLLE, Palghar Unit



SONOPANT DANDEKAR ARTS, V.S. APTE COMMERCE AND M.H.MEHTA SCIENCE COLLEGE, PALGHAR

DEPARTMENT OF LIFE LONG LEARNING AND EXTENSION ORGANIZES

"Illuminate Minds, Empower Futures: Embrace Covid Vaccine Awareness."



Covid Vaccine Awareness Covid Vaccine Awareness

on 26/02/2021

12:30pm Prof. Rohit Gaikwad

Keys to better Literacy

"Covid Vaccine Awareness" is a program advocating the significance of vaccine knowledge and awareness to advance public health and wellbeing. It educates and empowers individuals to prioritize vaccine understanding for community and societal progress.

Session will be conducted on zoom metting

"Master Essential Skills for Research Excellence: Embrace Research Methodology."

Department of Lifelong Learning and Extension

ACTIVITY REPORT

Name of the Activity – Covid Vaccine Awareness

Date -26/02/2021 **Time**- 12:30 p.m.

No. of Students Participated – 15 (Boys: 07 & Girls: 08)

About the Activity -

The lecture was conducted on a Zoom online platform. Prof. Asmita Raut introduced the resource person Prof. Rohit Gaikwad. Sir discussed the safety of COVID-19 vaccines and the process and the availability of vaccines in the particular region which lead to the potential benefits on public health. Vote of Thanks was done by Prof Prashant Mogle.

Objective: -

- 1. Vaccine awareness: To raise awareness among participants about the importance of COVID-19 vaccination in controlling the spread of the virus and mitigating the impact of the pandemic.
- 2. Vaccine information: To provide accurate and up-to-date information about the available COVID-19 vaccines, their efficacy, safety, and the vaccination process.

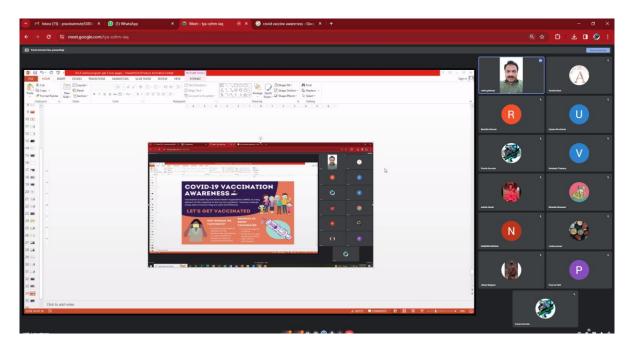
Outcomes:

- **1.** Understanding COVID-19 vaccines: Participants gained a comprehensive understanding of the different types of COVID-19 vaccines, their development, efficacy, and safety profiles.
- **2.** Vaccine eligibility and access: Participants got knowledge about the eligibility criteria for COVID-19 vaccination, the registration process, and the availability of vaccines in their respective regions.
- **3.** Vaccine hesitancy addressing: Participants got equipped with information and strategies to address vaccine hesitancy, including common concerns and misconceptions, to promote informed decision-making regarding COVID-19 vaccination.

Extension Teacher, DLLE, Palghar Unit

Department of Lifelong Learning and Extension (DLLE)

Students Attendance



Prof. Rohit Gaikwad delivered an online lecture on "Covid Vaccine Awareness"



Maj. B. K. Sakhare NCC-45218 Associate NCC Officer, S.D. College, Palghar. Mobile: 9665652975 3 Maharashtra Battalion, NCC Building, 3rd Floor, Old Secratariat Compound Mumbai - 32.

NOTICE FOR THE NCC CADETS

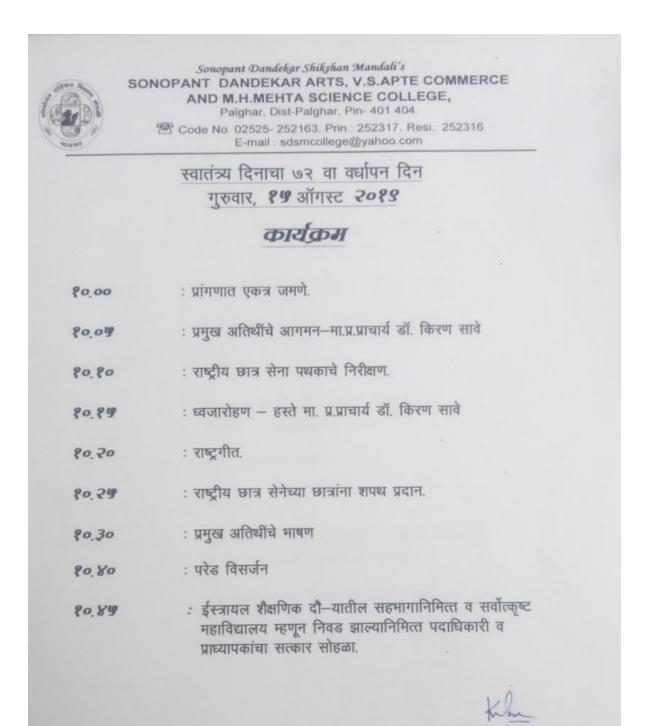
All NCC Cadets are hereby instructed that the meeting is arranged for activity of Independence Day celebration taking place on 15/08/2019 and your presence is required for the meeting on 9/08/2019 regarding the conduction and practice.

Maj. B. K. Sakhare

NCC Officer

SDSM Collage Palghar

NCC/45218



Schedule of Independence Day celebration

Sonopant Dandekar Arts College V. S. Apta Commerce College & M. H. Mainte Science College

Palghar (W.R.) Dist. Palghar, Pin 401 404

The event will take place at SDSM College, Palghar. All NCC cadets are expected to attend and participate in the activity planned for the Independence Day.

Please make sure to come in your full NCC uniform and bring all necessary equipment and supplies as instructed verbally. It is important that you arrive on time and be ready to participate in the activity of Independence Day that has been planned.

Independence Day

Objectives of the practice

- To celebrate Independence day
- To aware people about the significance of Independence day
- To realize one's duties towards the nation

The Context

The Independence Day of India, which is celebrated religiously throughout the Country on the 15th of August every year, holds tremendous ground in the list of national days, since it reminds every Indian about the dawn of a new beginning, the beginning of an era of deliverance from the clutches of British colonialism of more than 200 years. It was on 15th August 1947 that India was declared independent from British colonialism, and the reins of control were handed over to the leaders of the Country. India's gaining of independence was a tryst with destiny, as the struggle for freedom was a long and tiresome one, witnessing the sacrifices of many freedom fighters, who laid down their lives on the line.

The Practice

S.D.S.M college extension services – NCC Successfully conducted the Independence Day program. Flag hoisting and parade was done on campus ground under the presence of chief guest Dr. K.J Save, Principal of S.D.S.M College, Palghar. On this Occasion the college teaching as well as non-teaching staffs were also present and joyfully were a part of the celebration.

Outcome:

Flag was hoisted successfully by the chief guest in the presence of everyone. Successful conduction of the Parade with great enthusiasm of NCC cadets.







Lt. Anagha A. Padhye NCC/09310016
Associate NCC Officer S.D. College, Palghar

8 Maharashtra Girl Bn NCC, TN Medical College Hostel Building, Haji Ali Mumbai 34

21st June2019

Notice for Cadets.

All NCC Cadets are hereby instructed that the meeting is arranged for the activity of Anti -Drug Day Awareness Rally on 26/6/19. The meeting will be scheduled at Amlani student rest on 24/6/19 at 9.10 am. Your presence is required for the meeting.

Lt. Anagha A. Padhye Associate NCC Officer

LIST OF CADETS

Sr No.	Name of Cadets
1.	Gsuo Tanvi Patil
2.	Cqms Laxmi Goud
3.	Cdt Mansi Raut
4.	Cdt Swati Patil
5.	Cdt Akansha Patil
6.	Cdt Mayuri Dhodi
7.	Cdt Shristy Tiwari
8.	Cdt Nisha Gupta
9.	Cdt Pooja Bansode
10.	Cdt Bhagyashri Solankar
11.	Cdt Nidhi Patil
12.	Cdt Priti Katkakar
13.	Cdt Manasi Jadhav
14.	Cdt Manasi Gharat
15.	Cdt Gauri Mardi
16.	Cdt Ritika Dhodi
17.	Cdt Suman Yadav
18.	Cdt Ruchika Patil
19.	Cdt Sreelakshmi Rajan
20.	Cdt Himali Vadhan
21.	Cdt Priya Magar
22.	Cdt Varsha Singh
23.	Cdt Esha Pawade
24.	Cdt Aishwarya Mothe
25.	Cdt Fiza Bhimani
26.	Cdt Nirma Parmar
27.	Cdt Rajas Mandhare
28.	Cdt Upasna Pal

CADETS PARTICIPATED

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01.		sign
02.	GSVO Tanvi Patil	Fatil.
	CDT Upasna pal	U.Pal
03.	CDT Fiza Bhimani	Pie
04.	CDT Nirma Parmar	Minmal.
05.	CDT Rajas Mandhare	Romandere
86.	CDT Hishwarya Mothe	AM
07.	CDT Mansi Raut	M. Rant
08.		South.
09.	CDT Laxmi Goud	Lyoud
10.	COT Akansha patil	Radel
11 -	CDT Mayuri Dhodi	Playeri
12.	CDT Shristy Tiwari	- Saylary
13.	CDT Nisha Gupta	Dange
14.	CDT Pooja Bansode	Poole
15.	CDT Bhagyshri Solankor	Dorlanker
	CDT Nidhi Patil	Opendi)
16.	CDT Priti Katkakar	Dondless
17.	CDT Manasi Jadhav	Madhow
18		Maharut
19.	CDT Manasi Gharat	@morell
20.	CDT Gauri Mardi	(C) I de
21.	CDT Ritika Dhodi	R-phodi

Sr. NO 22.	Names CDT Suma CDT Ruchik		Sign Radar Rusta
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Report of Anti-Drugs Day Awareness Rally 2019-20

1. Title of the Activity

Anti-Drugs Day Awareness Rally

2. Objectives of the Practice

- To increase awareness and knowledge of potential health.
- To be aware of the social and legal consequences of drug abuse.
- Focus on treatment facilities and rehabilitation to curb the growing menace.

3. The Context

Anti-Drugs Day awareness rally to raise awareness about the major challenge that illicit drugs represent to society as a whole, and especially to the young. The goal of the campaign is to mobilize support and inspire people to act against drug use.

4. The Practice

The Government Hospital of Palghar organized the Anti-Drugs Day rally with the help of NCC Cadets of S.D.S.M College on 26th June 2019 and completed successfully.

5. Outcomes

- Cadets educated people about the dangers of drug abuse and the importance of a drug-free society.
- The rally raised awareness about the effects of drugs, including physical and psychological harm, addiction, and the impact on families and communities.
- Cadets provided information and resources on how to prevent drug abuse.

Lt. Anagha A. Padhye Associate NCC Officer

1. News headline in Lokmat newspaper



2. News Headline in Lokmat newspaper



3. Anti-drug awareness rally of NCC students



Shitla Devi Annual Yatra Mahotsav



Maj. B. K. Sakhare NCC-45218 Associate NCC Officer, S.D. College, Palghar. Mobile: 9665652975 3 Maharashtra Battalion, NCC Building, 3rd Floor, Old Secratariat Compound Mumbai - 32.

NOTICE

All NCC Cadets are hereby instructed that the meeting is arranged for activity of Shitla Devi Annual Yatra Mahotsav taking place on 18/04/2019 to 20/04/2019 and your presence is required for the meeting on 15/04/2019.

Bhalis

All NCC cadets are expected to attend and participate in the activity planned for the day. Please make sure to come in your full NCC uniform and bring all necessary equipment and supplies as instructed verbally. It is important that you arrive on time and be ready to participate in the activity of Shitla Devi Annual Yatra Mahotsav that has been planned.

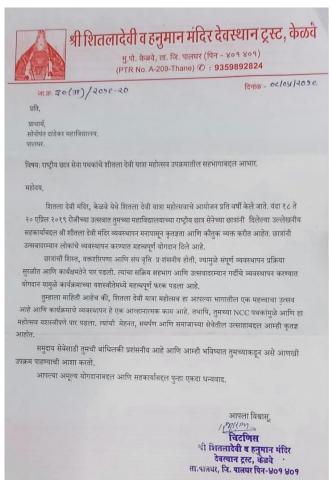
Shitla Devi Yatra Mahotsav

Objectives

- To assist in the Mahotsav
- To maintain peace and harmony during the Mahotsav

The Practice

S.D.S.M collge extension services – NCC helped the Shitla Devi ,Mandir Management in maintaining discipline in the time of yatra Mahotsav. The yatra was successfully undertaken with aide of NCC Cadets.



No19022/07/2017-SCD-VI Government of India Ministry of Social Justice & Empowerment

New Delhi, the 15th Oct, 2019

Note for the Committee of Secretaries

Subject: Celebration of Constitution Day on 26.11.2019 and subsequent activities culminating in 'Rashtriya Samrasta Divas' on 14th April 2020

1. Background

On 29 August 1947, the Constituent Assembly set up a Drafting Committee under the Chairmanship of Dr. B.R. Ambedkar to prepare a draft Constitution for India. The Drafting Committee prepared its initial draft of the constitution in February 1948 which was debated upon, finalised and adopted by the Constituent Assembly on 26 November 1949. The Constitution of India came into effect on 26th January 1950 and the Union of India became a modern and contemporary Republic.

The Constitution of India declares India as a sovereign, socialist, secular, democratic republic, assuring its citizens of justice, equality, and liberty, and endeavours to promote fraternity among them. It lays down the framework defining fundamental political principles, establishes the structure, procedures, powers and duties of government institutions and sets out Fundamental Rights, Directive Principles and the Duties of citizens. The Constitution provides a legal framework for social transformation from a society of castes and communities to a modern society of citizens based on equal consideration of individuals without regard for caste, creed or gender, thus ensuring their inclusive growth.

Dr B.R.Ambedkar is regarded as the principal architect of the Constitution of India which is the longest written constitution of any sovereign country in the world. Dr. Bhim Rao Ambedkar was born on 14 April, 1891 in Mhow Army Cantonment (present-day Dr. Ambedkar Nagar), Central Provinces (present-

day Madhya Pradesh). Dr. Ambedkar was a prolific student and held Doctorates in Economics from both Columbia University and the London School of Economics and gained a reputation as a scholar for his research in Law, Economics, and Political science. In his early career, he was an economist, professor, and lawyer. His later life was marked by his political activities; he became involved in campaigning and negotiations for India's independence, publishing journals, advocating political rights and social freedom for Dalits, and contributed significantly to the establishment of the union of India

Dr. Ambedkar was awarded Bharat Ratna on 14th April, 1990. The contribution of Dr. Ambedkar in social, political and economic sectors is unmatched and he is one of the key founders of the Modern India. The life of Dr. Ambedkar is an inspiration to the millions.

Considering his immense contribution to the society at large, it was found appropriate to celebrate the year 2015, being the 125th Birth Anniversary year of Dr. Ambedkar, in a befitting manner. A National Committee was formed under the Chairmanship of the Hon'ble Prime Minister to provide guidance, advice and direction for the Nationwide Celebration of 125th Birth Anniversary of Dr. B.R.Ambedkar. The Committee, in its first meeting held on 23.7.2015, decided that in order to increase awareness about the Constitution amongst citizens, particularly children, the 26th of November may be celebrated as Constitution Day every year, as it was on this day, that the Constitution of India was adopted. It was also decided that the preamble to the Constitution may be read aloud in schools and colleges.

The Government of India notified on 19.11.2015 through official Gazzette (Annexure–1) that 26th November shall be observed every year as Constitution Day. The first Constitution Day was celebrated on 26.11.2015.

To commemorate the Birth Anniversary of Dr. Ambedkar, the Government of India declared 14th April, as 'Rashtriya Samrasta Divas' and 26th November as 'Constitution Day' through Gazette notifications dtd. 24.6.2015 (Annesure - 2). The first Samrasta Divas was celebrated on 14th April, 2016.

2. Activities undertaken during 125th Birth Anniversary year of Dr. B. R. Ambedkar (2015-16)

A series of events was organized by various Ministries, State Governments, Missions abroad, Institutions, schools, colleges etc. throughout the year, i.e. from14th April, 2015 to 14th April, 2016 to build awareness about the provisions of the Constitution of India and on the contributions and life of Dr.Ambedkar. Details of the major activities are in the enclosed presentation (Annexure–3).

3. Activities Proposed to be undertaken during the period from 26.11.2019 to 14.04.2020

It is now proposed to organize a slew of Nationwide activities to celebrate the Constitution of India and build awareness about its provisions as also to recognize the contribution of Dr. Ambedkar. It is planned to start the celebrations with the Constitution Day this year (26.11.2019) and culminate them on the Rashtriya Samrasta Divas on 14.4.2020. Details of the activities proposed to be undertaken are given in the attached presentation (Annexure -3).

4. Proposed name of the Celebrations

It is proposed to name the celebrations as 'Samvidhan se Samrasta Utsav'.

5. The Committee of Secretaries is requested to deliberate upon and finalize the activities to be undertaken by the different Ministries /Departments/State Governments for Celebration of Constitution Day on 26.11.2019 and subsequent activiities culminating in 'Rashtriya Samrasta Divas' on 14th April, 2020.

PROPOSAL

Program Officer National Service Scheme Unit Sonopant Dandekar College

To The Principal, Sonopant Dandekar College, Palghar

Sub: Request to approve proposal for Plastic Bottle Collection campaign on 07^{th} September 2019.

Sir,

The NSS Unit of the college is planning to arrange a "Plastic Bottle Collection campaign" in our College Campus on 07th September 2019.

We kindly request you to allow us to conduct this campaign.

Thank you.

Yours Sincerely,

Rohit Gaikwad

NSS. Program Officer

NOTICE NATIONAL SERVICE SCHEME (NSS)

PLASTIC BOTTLE COLLECTION CAMPAIGN

All the NSS volunteers are hereby informed that the "Plastic Bottle Collection" campaign is organized in SDSM College, Palghar on 07th September 2019 at 12.00 PM onwards.

All the NSS volunteers are requested to present on time without fail and make this campaign successful.

Rohit Gaikwad

NSS. Program Officer

Dr. Kiran J. Save

Principal

OBJECTIVES

- 1. To contribute to environmental conservation efforts.
- 2. To promote waste reduction and encourage responsible consumption.
- 3. To create awareness about valuable resources such as petroleum and natural gas
- 4. To raise awareness about the environmental impact of plastic bottles and educate the public about the importance of recycling.
- 5. To foster community engagement and participation.

OUTCOMES

- 1. The campaign raises awareness among students and staff about the environmental impact of plastic bottles, including pollution and waste accumulation.
- 2. Through active participation in the campaign, individuals develop sustainable habits such as properly disposing of plastic bottles in designated recycling bins or opting for reusable alternatives.
- 3. The campaign fosters community engagement by involving students, faculty, and staff in a collective effort to address environmental challenges.
- 4. By collecting plastic bottles for recycling, the campaign contributes to the promotion of recycling practices within the college community.
- 5. The campaign has a tangible impact on the environment by reducing the amount of plastic waste generated within the college premises.
- 6. The campaign provides educational opportunities for volunteers and participants to learn about waste management, recycling technologies, and sustainable development.

GLIMPSES OF THE EVENT

1. Students collecting plastic bottles from campus





Sonopant Dandekar Shikshan Mandali s

Sonopant Dandekar Arts, V.S. Apte Commerce & M.H. Mehta Science College, Palghar

Palghar, Dist.palghar. pin-401404. Email Id : sdsmcollege@yahoo.com



Attendance Record (2019-2020)

Name of The	Event :	Plosts	battle Callections
Organized By	. F	Department	tt_t_t_t_
Date: 7 /9	12019	Time: 12.6	Venue: S.D.S.M. Callege

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3	BORSE	SUMIT	RAMCHANDRA	TYBA	P.B
4	/THAKUR	TANNU K	SUBODH	FYBSC	88
5	/BORE	RINKAL >	NARESH	SYBSC	6.0
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7	KATELA	DNYANESHWAR	KAMLAKAR	SYBA	Kutela
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9	SHUKLA	KARAN	RAJESH	TYBSC	w
10	/JADHAV	YOGITA *	TULSHIRAM	SYBCOM	yogita
11	WAD	DIPAK	HARISHCHANDRA	FYBA	Pipele
12	/PATIL	VAIBHAVI (BHADRASEN	ТУВА	part
13	TAMORE	AKASH	ABHAY	FYBSC	2m
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15	/PATIL	ATHASHRI *	PANKAJ	FYBA	Postil
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17	/JADHAV	UJWALA 💆	JAYVANT	SYBA	13
18	DHANGADA	SHAILESH *	KISAN	FYBA	Shuitesh
19	PATIL	MAYUR	KISHOR	SYBA	patito
0	/PAGDHARE	JANHAVI /	DEVANAND	SYBSC	m
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4	KADRI	DANISH	NASRUDDIN	FYBMS	Kupmi
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Sonopant Dandekar Shiksnan Mandali s



Sonopant Dandekar Arts, V.S. Apte Commerce & M.H. Mehta Science College, Palghar Palghar, Dist.palghar. pin-401404. Email Id: sdsmcollege@yahoo.com



Attendance Record (2019-2020)

			Planti	c 1	enttles collection
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11	/PATIL	SAKSHI	MANOJ	FYBA	Salshi
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17	/KANET	DIPTI •	DINESH	SYBCOM	guis
18	MAKWANA	DAKSHIL	MEHUBHAI	FYBSC	Dalsshit
19	/VARKHANDA	TRUPTI *	JAYRAM	SYBCOM	Truphi
20	/KINI	SIDDHI /	VASHIDAS	SYBCOM	SDami
21	KADU	KUNDAN	ANIL	SYBA	finetu
22	CHAVAN	GAURAV	RAMESH	FYBSC	Cauga
23	/DHANU	SRUSHTI /	RAJESH	SYBSC	South
24	DHANPAL	SHUBHAM	KRISHNA	SYBSC	DSHubburg
25	/VAYADA	NAMITA X	VASANT	SYBSC	NB .

Sonopant Dandekar Shikshan Mandali s



Sonopant Dandekar Arts, V.S. Apte Commerce & M.H. Mehta Science College, Palghar

Palghar, Dist.palghar. pin-401404. Email Id : sdsmcollege@yahoo.com



Attendance Record (2019-2020)

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Name of The Event :	T of Nec	
Organized By :	ment of clean	C 15
Date: 7 / 9 / 2019 Tim	e: 12 Pm Venue :	allege

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8	/HEMADA	CHHAYA *	BABU	SYBCOM	druger
9	WANI	SPANDAN	SHAILESH	FYBSC	nui
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11	VASAVE	SHITU	AJIS	FYBA	Thite
12	PATHAN	SAMIR >	JAKIR	SYBCOM	AB
13	/SHELKA	PRAMILA *	CHANDU	FYBA	Same
14	DAS	AMIT >	BALKISAN	TYBIOTECH	n.b.
15	YADAV	RAVINDRA	PHOOLCHAND	SYBSCIT	bo.
16	GAWARI	OMKAR	JANARDAN	SYBCOM	OMKAR
17	/YADAV	книзнвор •	SURENDRA	SYBCOM	Kphoo
18	PATIL	ROHAN	PRAKASH	SYBA	o. Liss
19	/PATIL	HARSHALI	BALWANT	SYBSC	Blenkerah
20	GUPTA	SHIVAM	MURLI	SYBCOM	Dun
21	/SINGH	KAJAL	ARVIND	SYBA	Lugal
22	/TATTU	PUJA *	DHARMA	TYBIOTECH	pyr.
23	BHUYAL	VIKAS	GANGARAM	FYBA	mit
24	/PATIL	HARDIKA *		FYBCOM	Outil.
25	DALVI	DNYANESHWAR	RAGHUNATH	SYBA	Dali

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Sonopant Dandekar Shikshan Mandali s



Sonopant Dandekar Arts, V.S. Apte Commerce & M.H. Mehta Science College, Palghar

Palghar, Dist.palghar. pin-401404. Email Id : sdsmcollege@yahoo.com



Attendance Record (2019-2020)

Name of The Event :	Plestic	bottles collects	Dn.(
Organized By :	exaxtment	2217 10	
Date: 7 / 9 / 2019	Time: 12 Pm	Venue : 2.10.50	Callege

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5	/BARI	ASHWITA -	SUBHASH	SYBSC	Bali.
6	VISHWAKARMA	OMSHIVAM	SATYADEV	FYBSC	ordhime
7	/GUPTA	POOJA r	DINESH	SYBSC	POOTA
8	/CHAUDHARY	KHUSHBOO	KARUN	FYBSC	Lughter
9	PRAJAPATI	SONELAL	SANTOSHKUMAR	SYBIOTECH	Sorelul
10	CHAUDHARI	HITESH	SANJAY	SYBAF	Hitedo
11	/MISHRA	SHIKHA *	DEVPRAKASH	SYBCOM	and
12	/YADAV	POOJA	SHIVDHANI	SYBSC	perger
13	CHEDE	AKSHAY >	POPAT	MCOM-I	AB .
14	DHANGDA	AKASH	PRAKASH	FYBA	pkut.
15	THAKUR	KUNAL	NILESH	FYBA	Inte
16	/PATIL	VIDHI *	VILAS	SYBSC	Tirke
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19	BASAR	PRAVIN	BINDYA	FYBA	may.
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21	/SHAIKH	RESHMA !	AYYUB	ТУВА	Perhos
22	/CHURI	100 topics topics	PRADEEP	FYBA	Chewi
23	DABAKA	NISHITA	RAMESH	FYBA	ans
24	223441144	GANESH	CHHBILAL	SYBA	pya
25	/YADAV	PUJA	SANTOSH	ТУВА	psughi
	/PATIL	PRAGATI .	SANTOST		944



Sonopant Dandekar Arts, V.S. Apte Commerce & M.H. Mehta Science College, Palghar Palghar, Dist.palghar. pin-401404. Email Id : sdsmcollege@yahoo.com



Attendance Record (2019-2020)

Name of The l	Count :	Plantic b	attles collection
Name of the	vent	- L	of NCC
Organized By	:	erviriywext	12 A 2 A 2 A
Date: 7 / 9		Time: 12 Pm	Venue: S.D.1m College

Sr.No	S	tudent Nam	Class	Signature	
	SURNAME	NAME	FATHER'S NAME		
. 1	/JAISWAL	SAMATA	VIRENDRA	FYBAF	AB
2	/CHAUDHARI	ANUJA ,	AVINASH	FYBCOM	mer
3	/BARI	MEHEK *	HIRAJI	FYBSC	Meltell
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5	/AAMREEN	FATIMA -	MOHAMMAD	SYBCOM	Eulips
6	/VALVI	AKSHATA *	AANUDAS	TYBSC	Lui
7	JHA	ANAND	VIRENDRA	FYBSC	Anung
8	NAYAK	JAYESH	VINESH	FYBA	fundh
9	DHODADE	KAILAS X	SURESH	FYBA	AB
10	/DHANU	PRIYA 🗡	KIRAN	ТҮВА	AB
11	/GURUDE	PAYAL	RAJESH	SYBA	AB
12	/SHELKA	PRITEE	CHANDU	ТУВА	mts
13	AGHAV	KALPESH	RATNAKAR	SYBA	Kulperh
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18	YADAV	SHIVRAJKUMAR	LALCHAND	TYBIOTECH	Stry
19	JAIN	KHUSHAL	MITHALAL	FYBSC	fund
20	/PAGI	PRAVINA	JAYAVANT	SYBSC	Emi
21	DHAPASHI	PRAMOD	RAGHUNATH	SYBA	boama
22	/KAILUKE	HARSHALI	KRUSHNA	FYBCOM	Haluke
23	/VADHAN	DIPA .	ASHOK	FYBA	po
24	MORE	VICKY *	RAJKUMAR	SYBA	Victor
25	/SANKHE	BHAKTI	SHYAM	SYBSC	Sukh



Sonopant Dandekar Shikshan Mandali's

Sonopant Dandekar Arts, V.S. Apte Commerce & M.H. Mehta Science College, Palghar

Palghar, Dist.palghar. pin-401404. Email Id: sdsmcollege@yahoo.com



Attendance Record (2019-2020)

Name of The Event: Department Of Medians

Date: 7 / 9 / 2019 Time: 1212 M Venue: S.D.S.M. Callege.

Sr.No		Student Na	me	Class	Signature
	SURNAME	NAME	FATHER'S NAME		
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2	VALMIKI	VIKAS	RAMESH	FYBSC	hun
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9	BARI	RAMESH	UMESH	FYBCOM	400
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11	SHAIKH	SOYAB	SALIM	FYBA	In_
12	/WANGA	TEJASWI *	GANESH	SYBSC	Myamin
13	RATHAUR	ANIKET	RAMKUMAR	FYBSC	Qu_
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15	/KINI	PRIYANKA *	CHANDRAKANT	FYBA	- Ann
16	/PADIYARAJPUT	MAMTA .	SAVAISINGH	SYBCOM	Mule
17	/THAKUR	MANALI *	UMESH	SYBA	Date.
18	YADAV	ANKIT	YOGENDRA	FYBIOTECH	July 8
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21	/SAVE	SAYALI *	VINOD	ТУВІОТЕСН	July .
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5	MANDAVE	GAUTAM	ANANT	SYBA	for
	WANDAVE	VISHAL	JAYWANT	SYBSCIT	ugun

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Report on Plastic Collection 2019-20

On 07th September 2019., the NSS unit of Sonopant Dandekar College in Palghar organized a Plastic Bottle Collection campaign aimed at promoting environmental sustainability and waste management within the college community.

NSS volunteers conducted an awareness drive to educate students, faculty, and staff about the detrimental effects of plastic pollution on the environment. Informational posters and banners were displayed to highlight the importance of recycling and reducing plastic waste.

Volunteers actively engaged with individuals to encourage them to deposit their empty plastic bottles in the designated collection bins. The collected bottles were sorted and prepared for recycling in collaboration with local recycling facilities. The campaign resulted in the collection of a significant quantity of plastic bottles, thereby reducing the amount of plastic waste generated within the college premises and mitigating its environmental impact.

The Plastic Bottle Collection campaign organized by the NSS unit of Sonopant Dandekar College, Palghar, was a resounding success, contributing to environmental sustainability efforts and fostering a sense of responsibility towards waste management among the college community.

Around 400 plastic bottles and garbage were collected by NSS volunteers from the college campus itself. NSS volunteers also requested students to avoid throwing plastic bottles at campus and maintain cleanliness.

Rohit Gaikwad

NSS. Program Officer

Pulse Polio Programme



Maj. B. K. Sakhare NCC-45218 Associate NCC Officer, S.D. College, Palghar. Mobile: 9665652975 3 Maharashtra Battalion, NCC Building, 3rd Floor, Old Secratariat Compound Mumbai - 32.

NOTICE FOR THE NCC CADETS

This notice is to inform all NCC Cadets about a event which is Pulse Polio Immunization program organised by R.H, Palghar on 15/09/2019. You are instructed to attend the meeting on 13/09/2019 in NCC office at 10:00 am. All cadets are further instructed that they have to come on time and in proper uniform.

Maj. B. K. Sakhare

NCC Officer

SDSM Collage Palghar

NCC/45218

The event will take place at S.D.S.M College. All NCC cadets are expected to attend and participate in the activity planned for the day. Please make sure to come in your full NCC uniform and bring all necessary equipment and supplies as instructed verbally. It is important that you arrive on time and be ready to participate in the activity of Pulse Polio Programme that has been planned

Pulse Polio Programme

Objectives of the practice

- To create awareness among students and people.
- Routine immunization with oral polio vaccine
- Vaccination campaigns

The Context

In this program, children are provided with 2 doses of vaccine 4-6 weeks apart. There are around 17.4 crore children of less than five years of age across the country who all are provided with polio drops as a part of the drive of the Government of India in order to eradicate polio from the country.

The Practice

S.D.S.M college extension services – NCC Successfully conducted Pulse Polio Immunization Program at Rural Hospital, Palghar. A total of 50 NCC cadets from S.D.S.M College alongside the hospital staff went door to door and gave polio drops to the children below the age of 5 years.

Outcome:

NCC cadets in the Pulse Polio Program greatly contributed. Through their mobilization, awareness, and assistance in vaccine administration, NCC cadets played a significant role in ensuring the every child is protected against polio and bringing us closer to a polio-free world.





Government Of Maharashtra

RURAL HOSPITAL PALGHAR

Kacheri Road, Rural Hospital Ground, Palghar. Phone No. 02525-256635 Fax No. 952525&256635 E-mail id.msrhpalghar@gmail.com

HEALTH SERVICES

No.RHP/FC/ /20

/2019

To, The Principal, Sonopant Dandekar College, Palghar

Sub: Participation in Pulse Polio Immunization Programme

It is my pleasure to let you know that the NCC cadets (Boys and Girls) of your college participated in the Pulse Polio Immunisation Programm on16/06/2019 & 15/09/2019. As desired by RH, Palghar, cadets were sent to the PH and various booths in Palghar, located at different vicinities in Palghar.

Along with the staff of RH the cadets administered oral poliodose to the children and assisted in maintaining the record of the children who look the dose. The cadets also went around the area and brought many children to administer the dose.

Once again I am thankful to you for extending the services to the Nation insmall way by involving in the Pulse Polio Immunization Programme. The programme was a grand success due to your sincere efforts and co-operation

Thanking you

Medical Superintendent cl-1, Rural Hospital, Palghar. Tal & Dist-Palghar. Sonopant Dandekar Shikshan Mandali's



SONOPANT DANDEKAR ARTS, V.S. APTE COMMERCE AND M.H. MEHTA SCIENCE COLLEGE, PALGHAR

Palghar, Dist – Palghar, Pin – 401 404, E – Mail:

Date: 02/03/2019

To,

Principal

Sonopant Dandekar College,

Palghar

Subject: Application seeking permission for Educational Field Trip

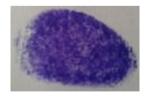
Respected Sir,

Apart from traditional lectures, field visits/Training is part of Community Oriented Education. In this regard, Department of History conducting a field visit at the **Shirgaon Fort, Palghar.** 20 students (More/less) along with 2 faculty Members intend to visit on 22nd March, 2019.

Kindly grant us approval.

We shall be really thankful to you.

Yours Sincerely,



Asst. Prof. Ramdas Yede
Head, Department of History

Sonopant Dandekar Shikshan Mandali's



SONOPANT DANDEKAR ARTS, V.S. APTE COMMERCE AND M.H. MEHTA SCIENCE COLLEGE, PALGHAR

Palghar, Dist – Palghar, Pin – 401 404, E – Mail:

Department of History

NOTICE

4th March, 2019

The Department of History has organized a **One Day Study Tour to Shirgaon Fort, Palghar** for its students. During this study tour the students will get a chance to enhance their knowledge and get insights outside classroom learning.

The Study Tour is scheduled on **22nd March**, **2019.** We strongly encourage you to join and take advantage of the Visit.

We look forward to see you in this study tour.

Asst. Prof. Ramdas Yede
Head
Department of History

Participants students list with signature:

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Sonopant Dandekar Shikshan Mandali's



SONOPANT DANDEKAR ARTS, V.S. APTE COMMERCE AND M.H. MEHTA SCIENCE COLLEGE, PALGHAR

Palghar, Dist – Palghar, Pin – 401 404, E – Mail:

Department of History

EVENT REPORT

Name of the Event – Study Tour to Shirgaon Fort

Date – 22nd March, 2019 No. of Students Participated –20 Venue: Shirgaon Fort

Objectives of the visit:

- Helps to understand the importance of fort during war.
- Helps to understand the Magnificent high level of Engineering Architecture of Medieval India.
- Helps to understand the importance of fort for protection of kingdom.
- To understand History of Maratha
- To observe art and architecture of fort

About the visit: The study tour to Shirgaon Fort in Palghar was organized by the Department of History for its students pursuing a Bachelor's degree. The fort, located in the district of Palghar, is a historical monument known for its architectural beauty and strategic significance in the region. The purpose of the tour was to provide students with a practical understanding of historical forts and their role in shaping the region's history and politics.

A total of 20 students participated in the study tour along with faculty members.

Description of Shirgaon Fort:

Shirgaon Fort, also known as Palghar Fort, is a historical fortification located in the Palghar district of Maharashtra. The fort is situated on the seashore and offers picturesque view of the Shirgaon Beach. Built during the reign of the Yadava dynasty of Deogiri, the fort has a rich history dating back to the 13th century.

The Fort is rectangular in shape. The entrance gate is east facing immediately followed by another gate at a right angle to the earlier. There is the year 1714 inscribed on near the second gate. There are total five bastions. The four bastions at the four corners are octagonal, while the fifth one at the entrance gate is circular. The vestibules for guards near the entrance gate are in good condition. It takes about an hour to walk around the parapet wall and visit all the places of the fort.

What students will learn during the visit:

- Students were able to understand the Art and architecture of Shirgaon Fort
- Students learned about the role of Fort in War and protection from enemy.
- Students were exposed to career opportunities in tourism Industry as a Guide.
- Students learned about the Architecture of Yadava Dynasty.

Photographs of the visit:



Students posing at Shirgaon Fort



Students exploring Shirgaon Fort

Swacchta Abhiyan



Maj. B. K. Sakhare NCC-45218 Associate NCC Officer, S.D. College, Palghar. Mobile: 9665652975 3 Maharashtra Battalion, NCC Building, 3rd Floor, Old Secratariat Compound Mumbai - 32.

NOTICE

All NCC Cadets are hereby instructed that the meeting is arranged for activity of Swachta Abhiyan taking place on 01/12/2018 to 09/12/2018 and your presence is required for the meeting on 28/11/2018

Shales

All NCC cadets are expected to attend and participate in the activity planned for the day.

Please make sure to come in your full NCC uniform and bring all necessary equipment and supplies as instructed verbally. It is important that you arrive on time and be ready to participate in the activity of Swacchta Abhiyan that has been planned.

Swacchta Abhiyan

Objectives of the practice

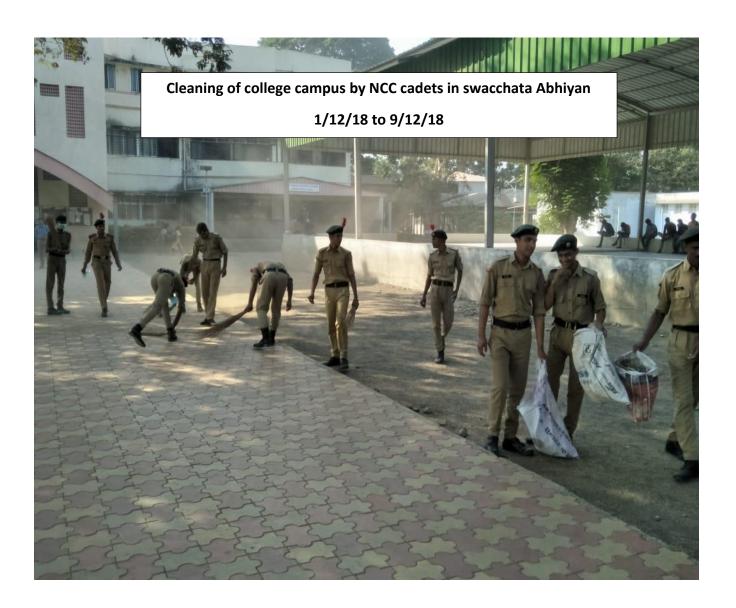
- To create awareness among students and Citizens.
- To maintain public and self-hygiene.
- To promote cleanliness.
- To promote proper waste management

The Context

The Ministry of Tourism (MoT), with the aim of maintaining cleanliness at tourist destinations across the country has observed awareness campaign on cleanliness by undertaking a fortnightly awareness drive. Cleanliness from inside and outside, health automatically will reside both sides Clean India Beautiful India. If we will not protect nature, nature will not protect us. Cleanliness should not be foreseen for it brings hygiene. Let's make the right choice and use dustbin. Go green keep this planet green! India can do it.

The Practice

S.D.S.M college extension services – NCC Successfully conducted Swacchta Abhiyan. The campaign was successfully conducted within the college campus and the vicinity near the institute with the help of NCC cadets.





सोनोपंत दांडेकर महाविद्यालयामार्फत स्वच्छता अभियान संपन्न

पालघरः विद्यार्थ्यांनी स्वतः स्वच्छता अभियानात सहभागी होत असताना सार्वजनिक ठिकाणी स्वच्छता राखण्याची समज आपसूक येईल हा हेतू ठेवून महात्मा गांधीजींच्या १५० व्या जयंतीचे औचित्य साधून पालघर शहरात महास्वच्छता अभियान राबविण्यात आले.

सोनोपंत दांडेकर महाविद्यालयातर्फे ११ ऑक्टोबर रोजी महास्वच्छता अभियान आयोजित करण्यात आले होते. या अभियानात लायन्स क्लब ऑफ पालघर, मेडिकल प्रॅक्टिशनर्स असोसिएशन ऑफ पालघर आणि पालघर नगरपरिषदेचे सहकार्य लाभले. 'एक पाऊल स्वच्छतेकडे' या नावाने राबविलेल्या अभियानात जनजागृती करण्याकरिता पथनाट्य देखील सादर करण्यात आले.

सोनोपंत दांडेकर महाविद्यालयातील राष्ट्रीय सेवा योजना, राष्ट्रीय छात्र सेना (मुले व मुली), डिपार्टमेंट ऑफ लाईफलाँग लर्निंग, स्वयं अर्थसहाय्यित अभ्यासब्रमाचे व विधी महाविद्यालयाचे १२०० विद्यार्थी तसेच कनिष्ठ व वरिष्ठ महाविद्यालयातील ३०० शिक्षक आणि शिक्षकेतर कर्मचाऱ्यांनी या अभियानात भाग घेतला. या विद्यार्थ्यांचे ६० गटांनी शहरातील ३५ ठिकाणी साफसफाई केली. आपल्या

घराजवळचा परिसर, दुकानाजवळचा परिसर, सोसायटीचे आवार स्वच्छ ठेवण्याचे आवाहन यावेळी विद्यार्थ्यांनी

स्वच्छता अभियानात सोनोपंत दांडेकर शिक्षण मंडळींचे पदाधिकारी, लायन्स क्लब ऑफ पालघरचे पदाधिकारी, एमपीएचे पदाधिकारी तसेच पालघर नगरपरिषदेचे नगराध्यक्ष, मुख्याधिकारी व कर्मचारी सहभागी झाले होते. काही ठिकाणी नागरिकदेखील या अभियानात उत्स्फूर्तपणे सहभागी झाले होते.

Sonopant Dandekar Shikshan Mandali's



SONOPANT DANDEKAR ARTS, V.S. APTE COMMERCE AND M.H. MEHTA SCIENCE COLLEGE, PALGHAR

Palghar, Dist – Palghar, Pin – 401 404, E – Mail: sdsmcollege@yahoo.com

Date: 31/07/2021

To The Principal Sonopant Dandekar College Palghar

Sub: Request to approve proposal for organizing Tree Plantation Drive

Respected Sir,

NSS Unit of our College proposes Tree Plantation Drive on 6th and 7th August, 2021 and on 14th and 15th August, 2021 at Kelve Beach. The Unit expects Rs. 7000 as an expenditure towards the Drive.

Kindly allow us to conduct the activity and sanction the said amount.

Thank you.

Yours Sincerely

Dr. Rohit Gaikwad,

NSS Program Officer,

Sonopant Dandekar College

Date: 02/08/2021

NOTICE NATIONAL SERVICE SCHEME (NSS)

Tree Plantation

All the NSS volunteers are hereby informed that the "Tree Plantation" program is organized on 06^{th} and 07^{th} August 2021 at Kelve Beach from 11.00 AM onwards.

All the NSS volunteers are requested to assemble on 06th and 07th August 2021 at 09.00 AM in Amlani Rest House.

NOTE: All the NSS volunteers are strictly requested to follow all prevention guidelines of Covid-19.

Dr. Rohit Gaikwad

NSS Program Officer

Dr. Kiran J. Save

Principal

ACTIVITY REPORT

Kelwa Beach Cleaning and Tree Plantation

Objective:

1. To reduce the surface run-off discharge and checking soil erosion along the embankments.

About the Event:

Tree plantation is a great way to increase students' interest in their local environment and achieve academic goals and need for sustainable development

On 7th, 8th August and 14th and 15th August 2021, a cleanliness drive and tree plantation initiative were carried out by the Kelwa Environment Conservation Board. In this initiative, 124 volunteer students of the National Social Service Department of our college planted trees to prevent the erosion of the seashore, collected plastic waste from the beach and cleaned the beach. In this initiative, Prof. Bhushan Bhoir and volunteer students worked hard.

Outcome:

1. Students understood the value of the environment, benefits of trees, beautification in and around the neighborhood.

Dr. Rohit Gaikwad NSS Program Officer

SCHEDULE OF THE PROGRAM

August 06th -07th, 2021 Schedule

Sr.No	Date	Time	Activity
1	06/08/2021	9.00 am	Assemble in Amalani Rest, Dandekar College
2	06/08/2021	9.30 am to 10.00 am	Attendance of Volunteers
3	06/08/2021	10.00 am	Proceed to Kelva by Bus/Rickshaw
4	06/08/2021	11.00 am	Start Tree Plantation Activity
5	06/08/2021	1.00 pm	Refreshments to the Volunteers
6	06/08/2021	1.30 pm	Departure
7	07/08/2021	9.00 am	Assemble in Amalani Rest, Dandekar College
8	07/08/2021	9.30 am to 10.00 am	Attendance of Volunteers
9	07/08/2021	10.00 am	Proceed to Kelwa by Bus/Rickshaw
10	07/08/2021	11.00 am	Start Tree Plantation Activity
11	07/08/2021	12.30 pm	Refreshments to the Volunteers
12	07/08/2021	1.00 pm	Departure

GLIMPSES OF THE EVENT

1.tree plantation activity



2. Team photograph



PAPER CUTTINGS

जनतेचा जनदृत

Main Paper | 2021-08-07 | Page- 4

केळवे समुद्र किनाऱ्याची धूप रोखण्यासाठी लोकसहभागातून धुपप्रतिबंधक झाडांची लागवड

वननिर्मितीचा एक अभिनय उपक्रम

प्रतिनिधी

केळवे: केळवे समुद्रकिनाऱ्याची वाढती धुप रोखण्यासाठी लोकसहभागातून केळवे समुद्र किनाऱ्यावर वननिर्मिती करण्याचा उपक्रम तेथील स्थानिक नागरिकांनी घेतला आहे. यासाठी केळचे पर्यावरण संवर्धन मंडळाची स्थापना करण्यात आली आहे

चला एक झाड लाव्या.. पर्यावरण रक्षुया.. आपल्यासाठीर या घोषवावयाने केळवे पर्यावरण संवर्धन मंडळ व ग्रामपंदायत केळवे यांच्या संयुक्त विद्यमाने 'समुद्रफळ' आणि 'कोनोकार्पस' या वृक्षांच्या लागवडीचा उपक्रम दि. ऑगस्ट आलेल्यावादकीवाऱ्याचातडाख्याने येथील प्राप्त करून देण्यासाठी तेथील पर्यावरण दिवशी हाती घेण्यात आला आहे .



६ आणि ७ तसेव दि. १४ आणि १५ या सरूवी बाग उदध्वस्त ज्ञाली आहे तसेव प्रेमी स्थानिक नागरिकांनी पद्माकार सद्यरिश्वतीत असलेली सुरुची बाग समुद्र धेऊन केळवे पर्यावरण संवर्धन समितीची जिल्ह्यातील केळवे किनाऱ्याच्या घूप होत असल्याकारणाने स्थापना करून लोकांना आवाहन केले समृद्रकिनारा हा संपूर्ण महाराष्ट्रात वावविणे आवश्यक आहे. अश्यातच आहे, या आवाहनाला प्रतिसाद देत अनेक

नटविण्यासाठी हात पढे केला आहे

केळवे समुद्र किनाऱ्यावरील धूप रोखण्यासाठी रमालकीचे एक रोपटे दत्तक घेण्याची सुवर्णसंधीर या योजनेअंतर्गत प्रति ५०० रुपये एक झाउ ह्या योजनेच्या संकलानेला अनेक दात्यांनी उत्सकर्त प्रतिसाद देऊन संकल्पना स्वीकारून वादाण जिल्हा परिषद अध्यक्षा याची विशेष केळवे समद्र किनाऱ्याला गतवैभव प्राप्त उपस्थिती होती. करून देण्यासाठी पढकार घेतला आहे.

किनाऱ्यावरील आडांचे संगोपन करण्याची हमी केळते प्रयावरण संवर्धन मंडळाने घेतली आहे. सदर समिती झाडांसोबतच त्यांची लागवड. दिबक सिंचन व देखभाल खर्च सांभाळणार आहे, आणि महत्वाचे म्हणजे झाडांना दात्यांच्या नावाचा फलक झांअच्या बंध्याता लावण्यात येणार

समितीने नियोजन केल्याप्रमाणे पहिल्या टण्यात किनारयालगत चुप होत असलेल्या दिकाणी समद्रकत. प्रसिद्ध आहे. परंतु गेल्या चार-पाव वर्षात केळवे समुद्र किनाऱ्याला पुन्हा मतवैभव व्यक्ती पुढे आल्या आहेत आणि त्यांनी कॉनोकार्यस या दोन जातीच्या झाडांची

लागवड करून घूप थांबवण्याचे नियोजन आहे. सदर कार्यासाठी राष्ट्रीय सेवा योजना दांडेकर महाविद्यालय आणि नानासाहेब धर्माधिकारी प्रतिष्ठान या स्वयंसेवक संत निरंकारी मंडळ स्वयंसेवक तसेव केळवे गावातील खंयसेवक हे दिमतीला असणार आहेत. यावेळी वैदेही

वक्ष दत्तक योजनेतील लक्षवेधी

१)आपत्या जठळचा व्यक्तीच्या वाददिवसानिमित झाड देकन त्या आजला दतक घेण्याती संघी

२) आपत्या जवळच्या व्यक्तीच्या स्मृतीफ्रित्वर्थ झाडे दतक घेणे

३)झाडे लावण्याची इच्छा आहे पण जागेअभावी झाडे लावणे शक्य होत नाही अश्यांसाठी ही संधी

४)निसर्गाचे आपण काही देणे लागतो म्हणून आपण झाड दतक घेता येणे

५) ६५० कोनोकार्पस, ६५०

तिबंधक झाडांची लागवड

(जतिन कदम)

सफाळे. दि.६ : केळवे समुद्रकिनाऱ्याची वाढती ध्रुप रा खण्यासाठी लोकसहभागातून केळवे समुद्र किनाऱ्यावर वननिर्मिती करण्याचा उपक्रम येथील स्थानिक नागरिकांनी घेतला आहे, यासाठी केळवे पर्यावरण संवर्धन मंडळाची स्थापना करण्यात आली आहे. चला एक झाड लाव्या.. पर्यावरण रक्ष्या.. व ग्रामपंचायत केळवे यांच्या होत आहे.पालघर जिल्ह्यातील



गेल्या चार-पाच वर्षात या आवाहनाला प्रतिसाद देत आलेल्या वादळी वाऱ्याचा तडाख्याने येथील सरूची बाग उद्धवस्त झाली आहे तसेच आपल्यासाठी या घोषवाक्याने सद्यस्थितीत असलेली सुरुची केळवे पर्यावरण संवर्धन मंडळ बाग समुद्र किनाऱ्याच्या धूप असल्याकारणाने संयुक्त विद्यमाने 'समुद्रफळ' वाचविणे आवश्यक आहे, आणि 'कोनोकार्पस' या अश्यातच केळवे समुद्र सुवर्णसंधी या योजनेअंतर्गत वृक्षांच्या लागवडीचा उपक्रम किनाऱ्याला पुन्हा गतवैभव दि. ऑगस्ट ६ आणि ७ तसेच प्राप्त करून देण्यासाठी तेथील दि. १४ आणि १५ या दिवशी पर्यावरण प्रेमी स्थानिक हाती घेण्यात आला नागरिकांनी पढाकार घेऊन केळवे पर्यावरण संवर्धन केळवे समुद्रकिनारा हा संपूर्ण सिमतीची स्थापना करून महाराष्ट्रात प्रसिद्ध आहे, परंत्र लोकांना आवाहन केले आहे,

अनेक व्यक्ती पढे आल्या आहेत आणि त्यांनी हा केळवे समुद्र किनारा हिरवाईने पुन्हा नटविण्यासाठी हात पुढे केला आहे. केळवे समुद्र किनाऱ्यावरील धूप रोखण्यासाठी मालकीचे एक रोपटे दत्तक घेण्याची प्रति ५०० रुपये एक झाड ह्या योजनेच्या संकल्पनेला अनेक दात्यांनी उत्स्फूर्त प्रतिसाद देऊन संकल्पना स्वीकारून केळवे समुद्र किनाऱ्याला गतवैभव प्राप्त करून देण्यासाठी पृढाकार

घेतला आहे. किनाऱ्यावरील झाडांचे संगोपन करण्याची हमी केळवे पर्यावरण संवर्धन मंडळाने घेतली आहे. सदर समिती झाडांसोबतच त्यांची लागवड, ठिबक सिंचन व देखभाल खर्च सांभाळणार आहे, आणि महत्वाचे म्हणजे झाडांना दात्यांच्या नावाचा फलक झाडाच्या बंध्याला लावण्यात आहे.समितीने नियोजन केल्याप्रमाणे पहिल्या टप्प्यात किनायालगत धूप होत असलेल्या ठिकाणी समुद्रफळ ६५०, कॉनोकार्पस ६५० या दोन जातीच्या झाडांची लागवड करून धूप थांबवण्याचे नियोजन आहे. सदर कार्यासाठी राष्ट्रीय सेवा योजना दांडेकर महाविद्यालय आणि नानासाहेब धर्माधिकारी प्रतिष्ठान या स्वयंसेवक तसेच केळवे गावातील स्वंयसेवक हे दिमतीला असणार आहेत.

केळवे समुद्रिकनारी वृक्षारोपण

किनारा धूप रोखण्यासाठी लोकसहभागातून वननिर्मितीचा उपक्रम

लोकसत्ता वार्ताहर

पालघरः समुद्रिकनाऱ्यावर वननिर्मिती करण्याचा स्तुत्य उपक्रम केळवे पर्यावरण संवर्धन मंडळामार्फत सुरू केला आहे. या उपक्रमांतर्गत लोक सहभागातून केळवे समुद्रिकनाऱ्याची वाढती धूप रोखण्यासाठी किनारी भागात वननिर्मिती तयार केली जात आहे. 'समुद्रफळ' आणि 'कोनोकार्पस' या वृक्षांच्या लागवडीचा शुभारंभ शुक्रवारपासून सुरू केला गेला.

वादळी वाऱ्याच्या तडाख्याने केळवे समुद्रकिनारी असलेली सुरूची बाग उद्ध्वस्त झाली होती. आता किनाऱ्यांच्या होणाऱ्या धुपामुळे सद्यःस्थितीतील बागेला धोका आहे. हे लक्षात घेत किनाऱ्याची धूप थांबविण्यासाठी पर्यावरणप्रेमी,



स्थानिक नागरिकांनी पुढाकार घेऊन केळवे पर्यावरण संवर्धन समितीची स्थापना केली. त्यामार्फत केळवे समुद्रिकनाऱ्यावरील धूप रोखण्यासाठी पाचशे रुपयात मालकीचे एक रोपटे दत्तक घेण्याचे आवाहन करण्यात आले. या संकल्पनेला अनेक दात्यांनी उत्स्फूर्त प्रतिसाद दिला.

किनाऱ्यावरील झाडांचे संगोपन करण्याची हमी केळवे पर्यावरण

संवर्धन मंडळाने घेतली आहे. ही समिती झाडांसोबतच त्यांची लागवड, ठिबक सिंचन व देखभाल खर्च सांभाळणार आहे. आणि महत्त्वाचे म्हणजे दात्यांच्या नावाचा फलक झाडाच्या बुंध्याला लावण्यात येणार आहे. या उपक्रमातून कोणासही आपल्या जवळच्या व्यक्तीच्या वाढदिवसानिमित्त, स्मृतिप्रीत्यर्थ, झाड लावायची इच्छा असलेल्यांना झाड

देऊन त्या झाडाला दत्तक घेण्याची संधी आहे. वृक्षलागवडीच्या या कार्यक्रमात जिल्हा परिषदेच्या अध्यक्ष वैदेही वाढण यांच्यासह अनेकांनी आपला सहभाग दर्शविला. या कार्यासाठी राष्ट्रीय सेवा योजना दांडेकर महाविद्यालय आणि नानासाहेब धर्माधिकारी प्रतिष्ठानचे स्वयंसेवक तसेच केळवे गावातील स्वयंसेवक हे दिमतीला असणार आहेत.



Sat, 07 August 2021 https://epaper.loksatta.com/c/62307467



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ATTENDANCE	RECORD
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)ato:	06/08/2021 Time:	Venue:		epartment: N.	2.0
Sr.No.	Name of the Student	Class	Roll No.	Mobile No.	Signature
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3	Olaha SARRO Shirth	F.y.B.Com		784194817 7498961483	Solotent
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6	MATANK SHIRISH HIBR 20	APV YR	<u> </u>		Charles
7	Chirage Rowedra acupa	K.YBSC		CHEROLHOUSE	17.1
8	NAVARET JAMAM KKAR			9370303567	1 00000
9	Vaishuan Vilas Kudu	FYBSC		7922175573	-
10	Sahil Macchi	FIBSC	-	7261915250	(ho)
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4	Kerral Bothwal John	f.y. BC	dn	9022084417	12/e/
5	Biga crothol Kashhar			प्रपट्टियम्हर्म	11111
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7	Kajaal Chanfot MAIZ			186724229	1100
8	cravel havested mai	10		M79860182	7 CENTAL
9	Brashant Poskash Um	FYB	A	494204641	O Cary
10	ROJAHI RAMPIERYA	F.Y.BC	on	9665531808	5 100 g
11	Pitanka EKANKTH VAGH	OFY BA		434H02 MOI	1102
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1	Divyani chandrakan kheyari		- 10	739190270	Harother
2	Prijanka Ekaneth Varther			9766030826	Addyce
3	Aditya dilip Choye			DHCHENDIAG	Nikiten.
4	Nikita Bhairalal khabri			9373224018	Jachar
- 5	Prashad Jadhav			7499627283	ANSALL.
6	ANJALI VICKY THAKUR	F.y. B.A		9579655827	Mipul
7	Vipul Nandkumor Raut	BSY R.Sc			we.
8	URVI mukesh Jana	X-8 +. V.3A		705 8430020 9404473385	
9	Ahavik Tomore	SY Bsc.			2 Shehas
10	sapand dilip shelor	SY Bsc.		8959261894	1
11	VIJAYGHAILA SINGH	f.y.B.A		9307212749	A Jook la
12	ABHAY TAWHU UMBARSA	DAFYBA		9529198310	C.E.S.L. ob
13	shivam sanjay singh	SY BSC		9010119043	3 Solngh
14	Vicky Anjali Thakur	FY.B.A		749962728	3 Charles
15	esanjana Ganesh Vart	afy.BA		9307116750	Storbad.
16	Mauur Tukaram Soho	ware file	BA	1972921354	
17	Mangesh keshav Rohi	SY BSC		9359463616	
18	Unnat Vekhande	SY BSC		7620497575	Pin
19	shweta santasH kuva	re.f.Y.BA		9172765519	1 1
20	MUSEAN VIJAY SINGH	f.y.BA		0307212749	Mother
21	Nimesh Jana Waglode	SYBSC		705821309	6 Almond
22	KHUSHBOD KASIMSHA	IKH . F.Y.BA		8308255415	Aushhoo
23	URVI RAJENDRA PATIL			7740032259	1) oui
24	Isha Girish Thakur	SY R.Sc		7378889469	J8ha_
25	VICHWAS KALU PARDA				Wishyst

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17	SUNIC BABU MIKAM	S.Y.BA		8008818356	
18	Khashi Oril Shortco	KYBSC		7399819971	thest
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20	Midhi JONEKUST STAS	Fix.050		8004405182	1 -
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23	Jyoti Sevak Pawar	S.Y.BA		7666313006	Tent
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Sr.No.	Name of the Student	Class	Roll No.	Mobile No.	Signature			
1	Vaishnow Nandhumar	K S.Y.B.P		955240614	Youshrow			
2	JULY BABALU GAWAD	5.4.B.A		8550985609				
3	Myma omprantit Jaisua	S.4.BA		7058613492				
4	Roshan Elmath Kachare	5.4.BA		9730157032				
5	DAKSHAT SHARAD KINI	S.Y.B.A		97 30157032	Dalestur			
6	Mhitá Kalya Kom	S.4.B.A		9021281646	Tours			
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13	SAleshi Sunil Patil	5.4.B.A		9 (37 54402	(Sough)			
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17	Anup Harerom Sahani	5.4.80		280 2311007	AMARA			
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21	Nimesh Jaha waglode			705821309				
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SONOPANT DANDEKAR ARTS, V. S. APTE COMMERCE AND M. H. MEHTA SCIENCE COLLEGE, PALGHAR Paignar, Dist-Paignar, Pin- 401 404. E-mail: sdsmcollege@yanoo.com

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Tree Plantation



Maj. B. K. Sakhare NCC-45218 Associate NCC Officer, S.D. College, Palghar. Mobile: 9665652975 3 Maharashtra Battalion, NCC Building, 3rd Floor, Old Secratariat Compound Mumbai - 32.

NOTICE FOR THE NCC CADETS

All NCC Cadets are hereby instructed that the meeting is arranged in Amlani students rest for activity of Tree Plantation at Palghar Sports Complex taking place on 06/07/2019. Your presence is required for the meeting on 05/07/2019 at 10:00 am. All cadets are further instructed that they have to come on time in proper uniform for the meeting as guided.

Maj. B. K. Sakhare

NCC Officer

SDSM Collage Palghar

NCC/45218

The event will take place at S.D.S.M College. All NCC cadets are expected to attend and participate in the activity planned for the day. Please make sure to come in your full NCC uniform and bring all necessary equipment and supplies as instructed verbally. It is important that you arrive on time and be ready to participate in the activity of Tree Plantation that has been planned

Tree Plantation

Objectives of the practice

- To create awareness among people about decreasing number of Tree
- To increase afforestation
- To help in sustainable development
- To make a clean and healthy environment

The Context

Tree-planting is the process of transplanting tree seedlings, generally for forestry, land reclamation, or landscaping purposes. It differs from the transplantation of larger trees in arboriculture and from the lower-cost but slower and less reliable distribution of tree seeds. Trees contribute to their environment over long periods of time by providing oxygen, improving air quality, climate amelioration, conserving water, preserving soil, and supporting wildlife.

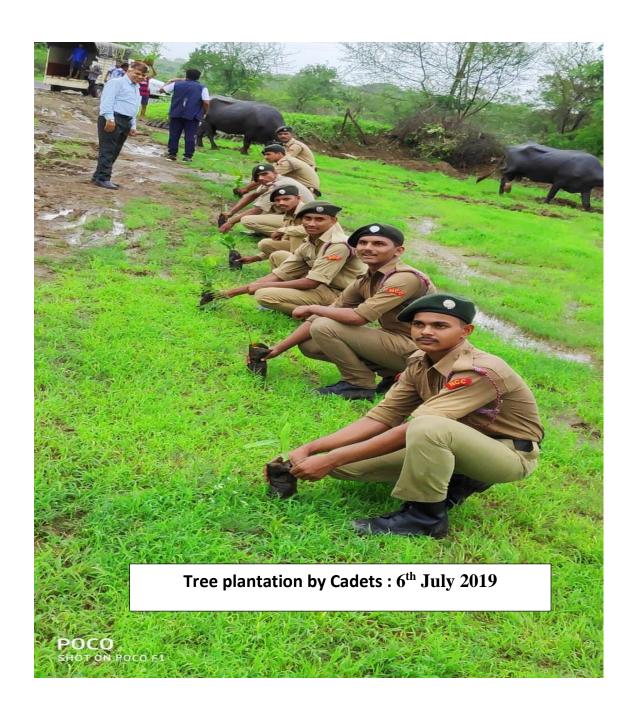
The Practice

On 6th July 2019 a Tree Plantation program was conducted by the NCC cadets. A total of 42 NCC cadets had participated in the event. Total of 86 saplings were planted during this event.

Outcome

NCC cadets work towards environmental protection by increasing green cover, improving air quality, mitigating climate change, preventing soil erosion and conserving biodiversity







SONOPANT DANDEKAR ARTS, V.S. APTE COMMERCE AND M.H. MEHTA SCIENCE COLLEGE, PALGHAR

Palghar, Dist - Palghar, Pin - 401 404, E - Mail: sdsmcollege@yahoo.com

Date: 25/02/2019

To, Mr. Devendra Mhatre, Cyber Security Trainer, Mumbai

Sub.: Invitation as a Guest Speaker for Certificate Course in "Ethical Hacking"

Respected Sir,

We are extremely happy to invite you as a Guest Speaker for the certificate course in Ethical Hacking" for our UG students starting from 05th. March 2019 to 29th April 2019 at 10.00 am.

Your session will inspire and motivate students by sharing real-world experiences and insights from your journey. Through your stories of triumphs and obstacles, attendees will gain valuable lessons, resilience, and strategies to overcome challenges on their own paths to success.

Prof. Mahesh Deshmukh, IQAC Convener will coordinate with you regarding the guest lecture.

Thanking you very much in anticipation.

Yours Faithfully,

(Dr. Kiran J. Save)

Principal

NOTICE

Department of Computer Science

All students of Bsc (CS) have been informed that the Department of CS is going to start a certificate course in Ethical Hacking from 5th March 2019 from 10:00 am onwards.

Mr. Devendra Mhatre is the trainer who is a cyber security expert.

Those who want to enroll for this course have to give their names to Prof. Vaishali Sindekar.

Mrs. Rashmi Varade Head of the Department Computer Science

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	ETHICAL HACKING CERTIFICATION							
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4	Tejal Marle)	Р	Р	Р	Р	Р	Α
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5	Priti Khot)	Р	Р	Р	Р	Р	Р
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7	Anuj Gupta)	Р	Р	Р	Р	Р	Р
	Abhishekh	FYBSC(CS						
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	Tanvi	FYBSC(CS						
11	Gupta)	Р	Р	Р	Р	Р	Р
	Vidhita	FYBSC(CS						
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13	Anuj Gupta)	Р	Р	Р	Р	Α	Р

Report:-

Name of the Event –Certificate course in Ethical Hacking.

Date -13-03-2019

Time -10 AM onwards

No. of Students Participated – 13

Key Points Covered:

Designing a certificate course in ethical hacking that spans 40 hours involves structuring the curriculum to cover essential concepts, techniques, and tools used in ethical hacking. Here's a proposed outline for such a course:

Course Title: Certificate Course in Ethical Hacking

Course Duration: 40 hours

Course Objectives:

• Understand the principles and methodologies of ethical hacking.

Gain hands-on experience with common hacking tools and techniques.

Learn about vulnerability assessment and penetration testing.

Develop skills to identify and mitigate security risks.

• Prepare for industry-recognized certifications in ethical hacking.

Course Outline:

Week 1: Introduction to Ethical Hacking (6 hours)

Overview of ethical hacking

• Legal and ethical considerations

• Introduction to cyber security principles

• Basics of networking and protocols

Week 2: Information Gathering and Footprinting (8 hours)

Passive and active reconnaissance techniques

- Footprinting through search engines and social engineering
- WHOIS lookup, DNS interrogation, and network mapping

Week 3: Scanning and Enumeration (8 hours)

- Port scanning techniques (TCP, UDP)
- Service identification and version detection
- Enumeration of network resources and user accounts
- Banner grabbing and SNMP enumeration

Week 4: System Hacking (8 hours)

- Password cracking techniques (brute force, dictionary attacks)
- Privilege escalation
- Escalating Windows and Linux systems
- Exploiting vulnerabilities in operating systems and applications

Week 5: Web Application Hacking (6 hours)

- Understanding web application architecture
- Common web vulnerabilities (SQL injection, XSS, CSRF)
- Exploiting web application vulnerabilities using tools like Burp Suite

Week 6: Wireless Network Hacking (4 hours)

- Introduction to wireless networks (Wi-Fi)
- Cracking WEP, WPA/WPA2 encryption
- Rogue access points and man-in-the-middle attacks

Week 7: Evading IDS, IPS, and Firewalls (4 hours)

- Understanding intrusion detection and prevention systems
- Techniques for evading detection
- Firewall evasion techniques

Week 8: Penetration Testing and Reporting (6 hours)

- Introduction to penetration testing
- Conducting a penetration test
- Reporting findings and recommendations
- Ethical and professional responsibilities

Final Assessment:

- Practical examination: Students will demonstrate their skills in a simulated ethical hacking environment.
- Written examination: Assessing theoretical knowledge acquired during the course.

Certification:

 Upon successful completion of the course and passing the assessments, participants will receive a Certificate of Completion in Ethical Hacking.



SONOPANT DANDEKAR ARTS, V.S. APTE COMMERCE AND M.H. MEHTA SCIENCE COLLEGE, PALGHAR

Palghar, Dist – Palghar, Pin – 401 404, E – Mail: sdsmcollege@yahoo.com

Date: 15/02/2019

To, To, Mr. Devendra Mhatre, Cyber Security Trainer, Mumbai

Subject: Letter of Appreciation.

Respected Sir,

Thank you very much for delivering an informative & thought-provoking Lecture on the certificate course in Ethical Hacking" for our UG students starting from 05^{th.} March 2019 to 29th April 2019 at 10.00 am.

The session offered students and teachers valuable guidance and inspiration as they navigate their own paths towards the successful journey.

I'm excited about the prospect of elevating our collaboration to remarkable heights. Your expertise and willingness to share knowledge are truly appreciated.

Yours faithfully,

(Prof. Mahesh Deshmukh)
IQAC Convener

MDohmukh

(Dr. Kiran J. Save)



SONOPANT DANDEKAR ARTS, V. S. APTE COMMERCE AND M. H. MEHTA SCIENCE COLLEGE

Tal. Palghar, Dist. Palghar, Pin - 401 404. Code.: (02525) 252163, Prin : 252317 • Resi.: 252316

website : www.sdsmcollege.com • Email:sdsmcollege@yahoo.com (NAAC Reaccredated 'B' Grade)

Date: 20/08/2018

To,
Mr. Jerry Thomas,
(Cyber Crime Investigator & Ethical Hacker),
Skynet Secure,
Borivali

Sub.: Invitation as a Guest Speaker for a two day workshop on "Network Security & Ethical Hacking"

Respected Sir,

We are extremely happy to invite you as a Guest **Speaker for a two day workshop on "Network Security & Ethical Hacking"** for our UG students on 27th & 28th August 2018 at 10.00 am.

Your session will inspire and motivate students by sharing real-world experiences and insights from your journey. Through your stories of triumphs and obstacles, attendees will gain valuable lessons, resilience, and strategies to overcome challenges on their own paths to success.

Prof. Mahesh Deshmukh, IQAC Convener will coordinate with you regarding the guest lecture.

Thank you very much in anticipation.

Yours Faithfully,

(Dr. Kiran J. Save)

Principal



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website: www.sdsmcollege.com • Email:sdsmcollege@yahoo.com (NAAC Reaccredated 'B' Grade)

Date: 20/08/2018

To,
Mr. Siddhart Saxena,
(Cyber Crime Investigator & Ethical Hacker),
Skynet Secure,
Borivali

Sub.: Invitation as a Guest Speaker for a two day workshop on "Network Security & Ethical Hacking"

Respected Sir,

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Thank you very much in anticipation.

Yours Faithfully,

(Dr. Kiran J. Save)

Principal



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Date: 20/08/2018

To, Mr. Sachin Dedhia, (Cyber Crime Investigator & Ethical Hacker), Skynet Secure, Borivali.

Sub.: Invitation as a Guest Speaker for a two day workshop on "Network Security & Ethical Hacking"

Respected Sir,

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Prof. Mahesh Deshmukh, IQAC Convener will coordinate with you regarding the guest lecture.

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Yours Faithfully,

(Dr. Kiran J. Save)

Principal



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Date: 20/08/2018

To, Mr. Tejas Gudulekar, (Cyber Crime Investigator & Ethical Hacker), Skynet Secure, Borivali

Sub.: Invitation as a Guest Speaker for a two day workshop on "Network Security & Ethical Hacking"

Respected Sir,

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Prof. Mahesh Deshmukh, IQAC Convener will coordinate with you regarding the guest lecture.

Thank you very much in anticipation.

Yours Faithfully,

(Dr. Kiran J. Save)

Principal

NOTICE

Department of Information Technology

All students of Bsc (IT) are hereby informed that the Department of IT is organizing a two day workshop on "Network Security & Ethical Hacking" on 27th & 28th August 2018 at 10.00 am.

Attendance is compulsory for all BSc (IT) students.

Aphagat

Mr. Ashwin Bhagat Head of the Department Information Technology



SONOPANT DANDEKAR ARTS, V. S. APTE COMMERCE AND M. H. MEHTA SCIENCE COLLEGE

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website: www.sdsmcollege.com • Email:sdsmcollege@yahoo.com

(NAAC Reaccredated 'B' Grade)

To Mr. Jerry Thomas (Cyber Crime Investigator & Ethical Hacker), Skynet Secure, Borivali.

<u>Subject</u>: Letter of appreciation for conducting a two day workshop on "Network Security & Ethical Hacking" on 27th & 28th August 2018 for Information Technology/Computer Science students (Sr.College).

Sir.

It gives us immense pleasure in thanking you for conducting such a knowledgeable and interactive workshop on "Network Security & Ethical Hacking" to guide our Information Technology/Computer Science students. This workshop will prove to be effective in shaping the career goals of our students. More ever it will also help in enhancement of technical expertise of the students.

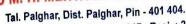
Expecting similar co-operation in future.

Dr. Kiran Save Principal

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SONOPANT DANDEKAR ARTS, V. S. APTE COMMERCE AND M. H. MEHTA SCIENCE COLLEGE



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Date: 28 08 20 18

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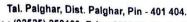
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Dr. Kiran Save Principal



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Date: 28 08 20 8

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<u>Subject</u>: Letter of appreciation for conducting a two day workshop on "Network Security & Ethical Hacking" on 27th & 28th August 2018 for Information Technology/Computer Science students (Sr.College).

Sir,

It gives us immense pleasure in thanking you for conducting such a knowledgeable and interactive workshop on "Network Security & Ethical Hacking" to guide our Information Technology/Computer Science students. This workshop will prove to be effective in shaping the career goals of our students. More ever it will also help in enhancement of technical expertise of the students.

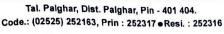
Expecting similar co-operation in future.

Dr. Kiran Save Principal

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SONOPANT DANDEKAR ARTS, V. S. APTE COMMERCE AND M. H. MEHTA SCIENCE COLLEGE



website: www.sdsmcollege.com • Email:sdsmcollege@yahoo.com
(NAAC Reaccredated 'B' Grade)

Date: 28 08 18

To Mr. Tejas Gudulekar (Cyber Crime Investigator & Ethical Hacker), Skynet Secure, Borivali.

<u>Subject</u>: Letter of appreciation for conducting a two day workshop on "Network Security & Ethical Hacking" on 27th & 28th August 2018 for Information Technology/Computer Science students (Sr.College).

Sir,

It gives us immense pleasure in thanking you for conducting such a knowledgeable and interactive workshop on "Network Security & Ethical Hacking" to guide our Information Technology/Computer Science students. This workshop will prove to be effective in shaping the career goals of our students. More ever it will also help in enhancement of technical expertise of the students.

Expecting similar co-operation in future.

Dr. Kiran Save Principal

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tejasgudulekar 2 @gmail.com

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Date: 28/08/2018

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Account Information for the Two Day Workshop on Network Security & Ethical Hacking on 27th, 28th August 2018.

	Receipt					
	Income	Amount				
1	Fees per head (Rs. 1000) No. of Students=36	36,000				
	Total	36,000				

	Payment						
Sr.No	Expenses	Amount	Status				
1	Day 1 -(27/08/2018) Lunch	1160	Paid				
2	Day 2-(28/08/2018) Lunch	1040	Paid				
	Breakfast/tea Day 1/2	880	Paid				
4	Amount given to speaker	21000	Paid				
*Tea/Breakfast/Lunch for the team of Skynet & faculties of I.T/C.S dept.							
	Total	24,08	30				

Amount Generated as Revenue = 11920

Mr. Ashwin D. Bhagat

ir. Ashwin D. Bi Dept. of I.T

stract

Hacking and Network has been a serious matter of concern. Theft, blackmailing, pornography, transactions (drug dealing, human trafficking, organs smuggling, reptiles smuggling, etc.), use of sage of internet.

An ethical citizen is a person of the society which understands the wrong and right and follows the stone. With this keeping in mind, The Department of Information Technology and Computer Science, Mark College, Palghar (W), have organized a two day workshop on 27th and 28th August 2018, for the dents of B.Sc.(IT) and B.Sc.(CS) for creating a general awareness against these mishaps amongst the

Mr. Sachin Dedhia and his team from Skynet Secure, Borivali in collaboration with our team made workshop into reality. The team under the guidance of Mr. Sachin Dedhia had delivered a very borative workshop with perfect co-ordination and co-operation. The session included above entioned problems related to the usage of internet and ethics of cyberspace with a demonstration of two overcome all these problems with good tactics.

Being an interactive session, a total of 36 students along with faculties of both the departments articipated in the workshop and got hands-on practical knowledge about the implementation of all the light topics. The participants had been provided with Ethical Hacking Tools and materials of upto 5GB. The materials included software tools, videos of implementation, ppt. having step by step the monstrations and references to other tools.

The workshop ended with great satisfaction and the feedback of the students regarding the same as taken through Google forms.

OUT THE WORKSHOP

Atwo day workshop was held on 27th and 28th August, 2018 by Skynet Secure, Borivali on Ethical Atwo day ... Augusting and Network Security at SDSM College. Palghar.

THE TEAM - SKYNET SECURE

Mr. Sachin Dedhia (Guest Speaker, CISA, CEH, CEI, ISO 27001 LA)

Mr. Jerry Thomas (Guest Speaker)

Mr. Siddhart Saxena (Assistant)

Mr. Tejas Gudulekar (Assistant)

DATE, TIME, DURATION AND VENUE OF WORKSHOP

DATE	TIME		DURATION	VENUE	
	10:00 am	02:00 pm	4 hours	BMS Ground Floor Lab	
27 TH Aug 2018	02:00 pm	03:00 pm	1 hour	Lunch Break	
	03:00 pm	05:00 pm	2 hours	BMS Ground Floor Lab	
	10:00 am	02:00 pm	4 hours	BMS Ground Floor Lab	
28 th Aug 2018	02:00 pm	03:00 pm	1 hour	Lunch Break	
	03:00 pm	05:00 pm	2 hours	BMS Ground Floor Lab	

TOPICS COVERED

DAY 1

- -Understanding IP & MAC addresses
- -Proxy Servers
 - a. How to use proxy severs
 - b. How to detect proxy severs
- Complete PC Hacking & detecting if anyone has hacked the PC
 - a. How to hide data behind files
- b. How to detect Steganography -Mobile Hacking & Security (Live Demos of mobile hacking & how to secure
- - - b. Call Interceptions
 - c. Call Spoofing
 - d. Hacking the entire mobile, etc.
- -Creating Virtual Machines , VPN
 - a. Creating Virtual PC for safer net banking
- b. How to use VPN in public Hotspots
- -Live demos of Office network security tools
- -Securing your social network accounts(Gmail, Facebook, LinkedIn)
- - a. Latest Amendments to the I.T ACT 2000.
 - b. Where & how to file cyber complains.

DAY 2

- Website Hacking & Security:
- Vulnerability Scanning in Websites
 - a. SQL Injection
 - b. DOS
- Wi-Fi Hacking & security
- Phishing
- Hacking through KALI LINUX Understanding SET Metasploit framework Various other tools in KALI
- Network Scanning NMAP commands
- Cryptography
 - a. Ransomware

RTICIPATION DETAILS

rees charged per person for the session was Rs.1000/-

partment of IT

F.Y.BSc (IT) - 06 Students

S.Y.BSc (IT) - 11 Students

3. T.Y.BSc (IT) - 16 Students

Total - 35 Students

 $_{\text{pal}}$ revenue from Department of IT = 1000 x 35 = Rs. 35,000/-

epartment of CS

- 1. F.Y.BSc (CS) 00 Students
- 2. S.Y.BSc (CS) 01 Students
- 3. T.Y.BSc (CS) 00 Students
 Total 01 Students

tal revenue from Department of CS = 1000 x 01 = Rs. 1,000/-

COUNTS

NO	Income	Amount
1	Fees per head (Rs.1000)	- June
<u> </u>	No. of students=36	36,000
_		
	Total	36,000

	Expenses	Amount	Status
	Day 1 -(27/08/2018) Lunch	1160	Paid
1	Day 2-(28/08/2018) Lunch	1040	Paid
3]	Breakfast/tea Day 1/2	880	Paid
	Amount given to speaker	21000	Paid
	Total deduction	24080	
	Total Amount Generated	36000	
	Amount Generated As Revenue	11920	

NEFITS OF THIS WORKSHOP

- Improves student's knowledge of risk and vulnerabilities
- Learn how to think like a hacker
- 3. Useful for penetration testing
- Advance student's network security career
- 5. Students learned to use real hacking tool
- 6. Students got hands on practical knowledge of ethical hacking
- 7. They realized what is ethical and what is not